

Mental Health Services

Approved: March 2015

Mental Health Services include psychological and psychiatric treatment and counseling services offered to individuals with a diagnosed mental illness, conducted in a group or individual setting, based on a detailed treatment plan, and provided by a mental health professional licensed or authorized within the State to provide such services, typically including psychiatrists, psychologists, and licensed

Goals

- Assist HIV-positive clients with reduction of symptoms related to mental health disorders thereby reducing barriers to medical care
- Refer to/or p provide psychiatric evaluation and medication monitoring if indicated
- Comply with the State of Arizona requirements for the provision of behavioral health services, and the Planning Council's Universal Standards of Care

Desired Outcomes

Measure:
Preventive Care and Screening: Screening for Clinical Depression and Follow-Up Plan

National Quality Forum #: 418

Percentage of patients aged 12 years and older screened for clinical depression on the date of the encounter using an age appropriate standardized depression screening tool AND if positive, a follow-up plan is documented on the date of the positive screen

Client Level Standards

STANDARD: *Licensing:* As per guidelines A.A.C. TITLE 9., HEALTH SERVICES CHAPTER 10. DEPARTMENT OF HEALTH SERVICES HEALTH CARE INSTITUTIONS: LICENSING ARTICLE 13. BEHAVIORAL HEALTH SPECIALIZED TRANSITIONAL FACILITY And TITLE 4. PROFESSIONS AND OCCUPATIONS CHAPTER 6. BOARD OF BEHAVIORAL HEALTH EXAMINERS

MEASURE: All agencies and applicable staff are licensed and licenses are current.

MEASURE: All unlicensed staff are supervised by a licensed behavioral health professional.

MEASURE: License for agency includes current service location and is posted and current.

STANDARD: *Assessment:* Assessment will occur that is compliant with HRSA Part A Standards and BOARD OF BEHAVIORAL HEALTH EXAMINERS TITLE 4. PROFESSIONS AND OCCUPATIONS CHAPTER 6. ARTICLE 11. STANDARDS OF PRACTICE

MEASURE: Chart will include an assessment which must be completed that is compliant with HRSA Part A Standards and BOARD OF BEHAVIORAL HEALTH EXAMINERS TITLE 4. PROFESSIONS AND OCCUPATIONS CHAPTER 6. ARTICLE 11. STANDARDS OF PRACTICE

STANDARD: *Treatment Plan:* A treatment plan must be completed that is compliant with HRSA Part A Standards and BOARD OF BEHAVIORAL HEALTH EXAMINERS TITLE 4. PROFESSIONS AND OCCUPATIONS CHAPTER 6. ARTICLE 11. STANDARDS OF PRACTICE .

MEASURE: Chart will include an treatment plan which must be completed that is compliant with HRSA Part A Standards and BOARD OF BEHAVIORAL HEALTH EXAMINERS TITLE 4. PROFESSIONS AND OCCUPATIONS CHAPTER 6. ARTICLE 11. STANDARDS OF PRACTICE

STANDARD: In addition to HRSA Part A Standards and Board of Behavioral Health Examiners Title 4, Professions and Occupations Chapter 6, Article 11. Standards of Practice

MEASURE: Treatment plan will be reviewed:

- When a goal is accomplished or changes
- When additional information that affects the client's assessment is

identified

- When a client has a significant change in condition or experiences an event that affects treatment

STANDARD: Appropriate referrals and linkages to care will be provided.

MEASURE: Necessary referrals are documented for one or more of the following:

- Case management
- Psychiatric assessment
- Primary medical care
- Community support services
- Substance abuse services

STANDARD: *Discharge*: Discharge from Mental Health Services occurs that is compliant with [HRSA Part A Standards and BOARD OF BEHAVIORAL HEALTH EXAMINERS TITLE 4. PROFESSIONS AND OCCUPATIONS CHAPTER 6. ARTICLE 11. STANDARDS OF PRACTICE](#)

MEASURE: Clients are discharged according to agency discharge criteria when treatment goals are achieved or when treatment needs are not consistent with agency services.

MEASURE: Clients who are involuntarily discharged have a right to submit a grievance [in accordance with the -agency's Ryan White Part A Grievance Policy & Procedure.](#)

Vendor Level Standards

STANDARD: Agency follows policies.

MEASURE: Agency has policies describing:

- How to conduct an assessment
- Discharge criteria
- Grievance procedures