

MEDICAL NUTRITION THERAPY

A. DEFINITION:

Medical Nutrition Therapy is provided by a licensed registered dietitian outside of a primary care visit and includes the provision of nutritional supplements. Medical nutrition therapy provided by someone other than a licensed/registered dietitian should be recorded under psychosocial support services.

B. GOAL(S):

1. All clients that demonstrate a need for Medical Nutrition Therapy will be referred to Medical Nutrition Therapy service.

C. SERVICES:

Medical Nutrition Therapy (MNT) will include education/counseling for nutrition needs, development and provision of individual nutritional care plans and provide counseling in health promotion, disease progression and disease prevention as it relates to nutrition. Other services may include referral for medical nutritional therapy Body Mass Index Assessment (BMI), bioelectrical impedance analysis (BIA) or other appropriate measures of nutritional status; review of lab results to gauge nutritional status; nutritional supplements and food secure assessment. Services may include the provision of nutritional supplements.

D. QUALITY MANAGEMENT:

Program outcome:

- 90% of clients enrolled in Medical Nutrition Therapy will have at least one Medical Nutrition Therapy assessment per year
- 50% of clients will show maintained/improved Bioelectric impedance analysis (BIA).

Indicators:

- Nutritional plans detail client goals in nutrition in relation to their medical treatment needs
- Number of nutritional care plans updated to enhance medical care

Service Unit(s): Medical Nutrition Therapy appointments in CAREWARE

Standard of Care	Outcome Measure	Numerator	Denominator	Data Source	Goal/Benchmark
An initial MNT assessment will be conducted by a Registered/Licensed Dietitian to ensure appropriateness of service.	Documentation of nutrition assessment on file in client’s chart.	Number of nutrition assessments completed in client files	Number of clients	Client Files CAREWARE	90% of client files have nutritional assessments documented.
The nutrition care process will include: <ul style="list-style-type: none"> • Nutritional assessment • Nutritional diagnosis • Nutrition intervention • Nutrition monitoring and evaluation 	Signed, dated nutritional plan including measurable goal oriented strategies on file in client records.	Number of signed/dated nutritional plans	Number of clients	Client Files CAREWARE	90% of client files have signed/dated nutritional plans documented. Nutritional plans should be signed/dated by registered dietician.
Nutrition care plan will be updated as necessary, at least annually, and may be shared with client’s primary care provider and/or other personnel involved in client’s care.	Updated, signed plan on file in client’s record.	Number of updated nutritional plans	Number of clients	Client Files CAREWARE	90% of client files have documentation of updated signed nutritional plans at least annually.
Nutritional care plan will assess client’s weight, Bioelectric impedance analysis (BIA), and dietary intake.	Documentation in client file.	Number of nutritional care plans	Number of clients	Client Files CAREWARE	90% of client files have documentation of care plan assessment including client weight, BIA and dietary intake.
Nutritional care plan will be individualized by Registered Dietitian assessing clients’ medical needs.	Documentation in client file.	Number of nutritional care plans	Number of clients	Client Files CAREWARE	90% of client files have documentation of individualized nutritional care plans addressing clients’ medical needs.
Clients will show maintained or improved Bioelectric impedance analysis (BIA)	Documentation in client file.	Number of nutritional care plans	Number of Clients	Client Files CAREWARE	50% of clients will show maintained/improved

					Bioelectric impedance analysis (BIA)
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