

MEETING NOTES

Meeting: **Alliance for Children and Youth with Unique Challenges (ACYUC)** formally known as: *Children and Youth with Special Healthcare Needs Leadership Team*

Date: **Monday, October 19, 2015 10:00 AM – 12:00 PM**

Location: **Maricopa County Public Health 4041 N Central Avenue, Suite 1400, Phoenix, AZ 85012**

Purpose and Intended Outcomes: *New Member Orientation and policy presentation*

Attendees (In Person): *Morgan Anderson, Jose Castro-Palomino, Lisa Myers, Rita Aitken, Miranda Graves, Nerissa Emers, Ellen Wilson, Lillian Armstrong, Kristi Hunt, Paulina Serna, Mary Mezey, Bonnie Carroll, Tracy Sloat, Matt Golab, Janet Gant, Sevly Sngun , Raju Thiagarajan, Elizabeth Naughton,*

Attendees (On Phone): *Michael Sanderfer*

<i>Topic</i>	<i>Discussion Leads</i>	<i>Expected Outcomes</i>	<i>Allotted Time</i>
Welcome and Introductions	<i>Paulina Serna, ACYUC Chair, Family Advisor</i>	<i>Welcome Introduction to ACYUC Leadership Team</i>	<i>10:00-10:25</i>
<i>Topic</i>	<i>Discussion Leads</i>	<i>Expected Outcomes</i>	<i>Allotted Time</i>
New Member Orientation: History of ACYUC	<i>Kristina Hunt, ACYUC Secretary, Family Advisor Lilian Armstrong, ACYUC Leadership Team member,</i>	<i>Orient new members to mission and vision of ACYUC Provide overview of bylaws Highlight accomplishments Learn about upcoming work of the Alliance Share how community can join ACYUC as a member</i>	<i>10:25-10:40am</i>

	<p><i>Community Agency Representative</i></p> <p><i>Miranda Graves, ACYUC Leadership Team member, Community Agency Representative</i></p> <p><i>Nerissa Emers, ACYUC Leadership Team member, Community Agency</i></p> <p><i>Paulina Serna, ACYUC Chair, Family Advisor</i></p>		
<p><i>Topic Discussion Notes</i></p>	<p>Kristy spoke to parents’ and caregivers’ role within the Alliance and how their uniquely qualified perspective and expertise is valued and needed within the discussion and decision-making at ACYUC. Parents know their children best. She noted that she has found using positive and hopeful language beneficial in her work to advocate for her child.</p> <p>Lilian shared that the mission of ACYUC is to bridge gaps and support families, children, and youth with unique challenges. Its vision is that at the end of the day, we see the person and not the challenge.</p> <p>Miranda provided an overview of the bylaws of the Alliance as well as the process the group went through to create them.</p>		

A copy of the bylaws is provided with these notes or available by contacting Morgan Anderson, Coordinator for the Alliance at MorganAnderson@mail.maricopa.gov

Nerissa shared key accomplishments of the Alliance:

- Established an inclusive mission and vision statement
- Developed strong bylaws and a governance structure lead by the membership
- Plans for ACYUC activities moving forward are informed by the 2013 "Children & Youth with Special Health Care Needs: A Maricopa County Needs Assessment & Implications for Policy & Systems Changes" which can be found here:

<http://www.maricopa.gov/publichealth/Programs/CYSHCN/default.aspx>

Lisa spoke to the importance of inviting others to the Alliance. Thanked new members. Hoped they continued on the journey with ACYUC.

Morgan noted ACYUC does have detailed information on member roles and descriptions. Available at meeting and can be sent electronically.

Paulina spoke to the purpose of the Alliance, which is to support effective inclusion and policy promotion efforts for children and youth with unique challenges and to address health policy promotion activities in Maricopa County. The Alliance strives to:

- Build the capacity of parent leaders and agency representatives supporting children, youth, and young adults with special health care needs.
- Increase focus on inclusion and integration of children, youth, and young adults with special health care needs and their families in health policy.

Members in attendance shared that they are excited to be a part of the Alliance for numerous reasons including its established bylaws and structure, the successes it's had to date, the momentum the group has now, the ability to share information learned at meetings with other

	parents, to hear the stories from parents directly to inform the work of the health department and other providers, and to advocate for inclusion from birth to adulthood in all aspects of life so that all have the opportunity to thrive.		
<i>Action Items</i>	<i>Assignments and Assignee</i>		<i>Due Date</i>
<i>Complete new member forms</i>	<p><i>New attendees interested in joining the Alliance's effort can complete the ACYUC Membership request form and applicable membership role form (young adult, family, community agency).</i></p> <p><i>Forms are available by contacting Morgan Anderson, Coordinator for the Alliance at MorganAnderson@mail.maricopa.gov</i></p>		<p><i>On-going</i></p> <p><i>Next ACYUC meeting is 12/15/2015</i></p>
<i>Topic</i>	<i>Discussion Leads</i>	<i>Expected Outcomes</i>	<i>Allotted Time</i>
<i>Policy, System & Environmental Change (PSE) Presentation</i>	<i>Raju Thiagarajan, Office of Public Health Policy, MCDPH</i>	<i>Learn what we mean by PSE, best practices, real world examples of what PSE looks like for children and youth with unique challenges and what the Alliance can do in our community.</i>	<i>10:5-am-11:15am</i>
	<p>Raju provided an overview of what Policy, System & Environmental Change (PSE) is within the public health system and how these approaches can support inclusion and advancement of health for children and youth with unique challenges.</p> <p>Raju and the MCDPH Office of Public Health Policy are available to assist the Alliance members as they continue their work on PSE initiative action planning.</p> <p><i>A copy of the presentation is provided with these notes or available by contacting Morgan Anderson, Coordinator for the Alliance at MorganAnderson@mail.maricopa.gov</i></p>		

Topic	Discussion Leads	Expected Outcomes	Allotted Time
<p>Prescription Drug Abuse and Misuse Presentation</p>	<p>Matt Golab, Office of Healthcare Innovation, MCDPH</p>	<p>Learn more about the issue, how to talk about the children about drug use, and how to store/dispose of medication</p>	<p>11:15-11:53 am</p>
<p>Maricopa County Department of Public Health is working with community to implement a variety of strategies to reduce prescription drug misuse and abuse and the consequences associated with this epidemic to improve the health of the County’s families.</p> <p>When a person takes a legal prescription medication for a purpose other than the reason it was prescribed, or when that person takes a drug not prescribed to him or her, that is misuse of a drug. Misuse can include taking a drug in a manner or at a dose that was not recommended by a health care professional. Prescription drug abuse is the use of a medication without a prescription, in a way other than as prescribed, or for the experience or feelings elicited, (ie, taking medication to “get high”). Medications included as concerns are painkillers (opioids- Vicodin), sleeping aids, and stimulants (Adderall).</p> <p>One of the initiatives is to ensure community knows to dispose old, expired and unneeded prescriptions at drop boxes (find closest location and more info at www.dumpthedrugsaz.org). Misconceptions are to flush or bury. They should be dropped at drop box for safest disposal. (Matt offered to provide a specific drop box location handout to the area of the County as requested by ACYUC member.)</p> <p>Other initiatives include:</p> <ol style="list-style-type: none"> 1. Reduce Illicit Acquisition and Diversion of Prescription Drugs 2. Promote responsible prescribing of Rx opioids, benzodiazepines and carisoprodol 3. Enhance Rx drug practice and policies in law enforcement 			

	<p>4. Increase public awareness and patient education about the risks of Rx drug misuse and pain management expectations</p> <p>5. Enhance assessment and referral to substance abuse treatment</p> <p>Discussed future work together between Matt and Alliance to continue how the needs of children and youth with unique challenges can be included in the strategies of the initiative within the Health Department and larger community (Arizona Criminal Justice Commission Initiative Strategies).</p> <p>To contact Matt with additional questions, please contact him at MatthewGolab@mail.maricopa.gov</p> <p>A copy of the presentation materials are provided with these notes or available by contacting Morgan Anderson, Coordinator for the Alliance at MorganAnderson@mail.maricopa.gov</p>
<p><i>Nest Steps: Bike Rack: Gummy Bear Dance- Brain Break (youtube)</i></p>	

<i>Topic</i>	<i>Discussion Leads</i>	<i>Expected Outcomes</i>	<i>Allotted Time</i>
Looking Ahead: Upcoming Tasks	Rita Aitken	ADHS CYSHCN survey	11:53-11:55pm
	<p><i>ADHS is completing a statewide survey to gather data</i></p> <p><i>Will mirror the national survey for Children with Special Health Care needs</i></p> <p><i>Gather local data to support children and families here in Maricopa County</i></p> <p><i>Survey will go to ALL families with children (not just those</i></p> <p><i>Baseline of local data (it's never been done before!)</i></p> <p><i>Surveymonkey- in SP & Eng</i></p> <p><i>Link out in next week or so</i></p>		

	<p><i>Takes 6-9 minutes</i></p> <p><i>Families can complete it more than once (for each child)</i></p> <p><i>Morgan will send out once it's available.</i></p> <p><i>The ACYUC Leadership Team will assist MCDPH in creating an Action Plan to ensure the survey is disseminated widely throughout the County.</i></p>		
<i>Topic</i>	<i>Discussion Leads</i>	<i>Expected Outcomes</i>	<i>Allotted Time</i>
<i>Next Steps & Evaluations</i>	<i>Morgan Anderson, MCDPH Office of Community Empowerment</i>	<i>Evaluations Next Meeting 12/21/15</i>	<i>12:00pm</i>

****Next Meeting is a Full Alliance Meeting December 21, 2015 at 10am-12pm***

4041 N. Central Avenue Phoenix, AZ 85012, 14th Floor Training Room*