

**SERIAL 05084 RFP**

**INMATE ANGER MANAGEMENT GROUPS - MCSO  
CONTRACT – Concepts for Change**

**DATE OF LAST REVISION: August 20, 2008**

**CONTRACT END DATE: September 30, 2011**

**CONTRACT PERIOD THROUGH SEPTEMBER 30, ~~2008~~ 2011**

TO: All Departments

FROM: Department of Materials Management

SUBJECT: Contract for **INMATE ANGER MANAGEMENT GROUPS - MCSO**

Attached to this letter is published an effective purchasing contract for products and/or services to be supplied to Maricopa County activities as awarded by Maricopa County on **September 21, 2005**.

All purchases of products and/or services listed on the attached pages of this letter are to be obtained from the vendor holding the contract. Individuals are responsible to the vendor for purchases made outside of contracts. The contract period is indicated above.

---

Wes Baysinger, Director  
Materials Management

SF/mm  
Attach

Copy to: Materials Management  
Amie Bristol, MCSO

(Please remove Serial 99225-RFP from your contract notebooks)



## CONTRACT PURSUANT TO RFP

**SERIAL 05084-RFP**

This Contract is entered into this 21st day of September, 2005 by and between Maricopa County ("County"), a political subdivision of the State of Arizona, and Concepts for Change, Inc., an Arizona corporation ("Contractor") for the purchase of " Inmate Anger Management Groups – MCSO" counseling services.

### 1.0 TERM

- 1.1 This Contract is for a term of three (3) years, beginning on the 21st day of September, 2005 and ending the 30th day of September, ~~2008~~ **2011**.
- 1.2 The County may, at its option and with the agreement of the Contractor, extend the period of this Contract for additional one (1) year terms up to a maximum of three (3) additional terms. The County shall notify the Contractor in writing of its intent to extend the Contract period at least thirty (30) calendar days prior to the expiration of the original contract period, or any additional term thereafter.

### 2.0 PAYMENT

- 2.1 As consideration for performance of the duties described herein, County shall pay Contractor the sum stated in Final Pricing, attached hereto and incorporated herein as Exhibit "A." Payment shall be made as set forth in the RFP and or the Best and Final Offer.
- 2.2 Payment under this Contract shall be made in the manner provided by law. Invoices shall be prepared and submitted in accordance with the instructions provided on the purchase order. Invoices shall contain the following information: purchase order number, item numbers, description of supplies and/or services, sizes quantities, unit prices, and extended totals and applicable sales/use tax. The County is not subject to excise tax.

### 3.0 DUTIES

- 3.1 The Contractor shall perform all duties stated in the Agreed Scope of Work, attached hereto and incorporated herein as Exhibit "B."
- 3.2 Contractor shall perform services at the location(s) and time(s) stated in Exhibit "B," or in the purchase order requesting such services.
- 3.3 During the Contract term, County shall provide Contractor's personnel with adequate workspace for consultants and such other related facilities as may be required by Contractor to carry out its contractual obligations.

4.0 TERMS & CONDITIONS

4.1 INDEMNIFICATION AND INSURANCE:

4.1.1 **INDEMNIFICATION**

4.1.2 Indemnification.

To the fullest extent permitted by law, Contractor shall defend, indemnify, and hold harmless the County, its agents, representatives, officers, directors, officials, and employees from and against all claims, damages, losses and expenses, including but not limited to attorney fees and costs, relating to this Contract.

The amount and type of insurance coverage requirements set forth herein will in no way be construed as limiting the scope of the indemnity in this paragraph.

4.1.3 **Abrogation of Arizona Revised Statutes Section 34-226:**

In the event that A.R.S. § 34-226 shall be repealed or held unconstitutional or otherwise invalid by a court of competent jurisdiction, then to the fullest extent permitted by law, **CONTRACTOR** shall defend, indemnify and hold harmless **COUNTY**, its agents, representatives, officers, directors, officials and employees from and against all claims, damages, losses and expenses (including but not limited to attorney fees, court costs, and the cost of appellate proceedings), relating to, arising out of, or resulting from **CONTRACTOR'S** work or services. **CONTRACTOR'S** duty to defend, indemnify and hold harmless, **COUNTY**, its agents, representatives, officers, directors, officials and employees shall arise in connection with any claim, damage, loss or expense that is attributable to bodily injury, sickness, disease, death, injury to, impairment or destruction of property including loss of use resulting therefrom, caused in whole or in part by any act or omission of **CONTRACTOR**, anyone **CONTRACTOR** directly or indirectly employs or anyone for whose acts **CONTRACTOR** may be liable, regardless of whether it is caused in part by a party indemnified hereunder, including **COUNTY**.

The scope of this indemnification does not extend to the sole negligence of **COUNTY**.

4.1.4 Insurance Requirements.

**CONTRACTOR**, at **CONTRACTOR'S** own expense, shall purchase and maintain the herein stipulated minimum insurance from a company or companies duly licensed by the State of Arizona and possessing a current A.M. Best, Inc. rating of B++6. In lieu of State of Arizona licensing, the stipulated insurance may be purchased from a company or companies which are authorized to do business in the State of Arizona, provided that said insurance companies meet the approval of **COUNTY**. The form of any insurance policies and forms must be acceptable to **COUNTY**.

All insurance required herein shall be maintained in full force and effect until all work or service required to be performed under the terms of the Contract is satisfactorily completed and formally accepted. Failure to do so may, at the sole discretion of **COUNTY**, constitute a material breach of this Contract.

**CONTRACTOR'S** insurance shall be primary insurance as respects **COUNTY**, and any insurance or self-insurance maintained by **COUNTY** shall not contribute to it.

Any failure to comply with the claim reporting provisions of the insurance policies or any breach of an insurance policy warranty shall not affect coverage afforded under the insurance policies to protect **COUNTY**.

The insurance policies may provide coverage, which contains deductibles or self-insured retentions. Such deductible and/or self-insured retentions shall not be applicable with

respect to the coverage provided to **COUNTY** under such policies. **CONTRACTOR** shall be solely responsible for the deductible and/or self-insured retention and **COUNTY**, at its option, may require **CONTRACTOR** to secure payment of such deductibles or self-insured retentions by a surety bond or an irrevocable and unconditional letter of credit.

**COUNTY** reserves the right to request and to receive, within 10 working days, certified copies of any or all of the herein required insurance policies and/or endorsements. **COUNTY** shall not be obligated, however, to review such policies and/or endorsements or to advise **CONTRACTOR** of any deficiencies in such policies and endorsements, and such receipt shall not relieve **CONTRACTOR** from, or be deemed a waiver of **COUNTY'S** right to insist on strict fulfillment of **CONTRACTOR'S** obligations under this Contract.

The insurance policies required by this Contract, except Workers' Compensation, shall name **COUNTY**, its agents, representatives, officers, directors, officials and employees as Additional Insureds.

The policies required hereunder, except Workers' Compensation, shall contain a waiver of transfer of rights of recovery (subrogation) against **COUNTY**, its agents, representatives, officers, directors, officials and employees for any claims arising out of **CONTRACTOR'S** work or service.

4.1.4.1 Commercial General Liability. **CONTRACTOR** shall maintain Commercial General Liability Insurance (CGL) and, if necessary, Commercial Umbrella Insurance with a limit of not less than \$1,000,000 for each occurrence with a \$2,000,000 Products/Completed Operations Aggregate and a \$2,000,000 General Aggregate Limit. The policy shall include coverage for bodily injury, broad form property damage, personal injury, products and completed operations and blanket contractual coverage including, but not limited to, the liability assumed under the indemnification provisions of this Contract which coverage will be at least as broad as Insurance Service Office, Inc. Policy Form CG 00 01 10 93 or any replacements thereof. There shall be no endorsement or modification of the CGL limiting the scope of coverage for liability arising from explosion, collapse, or underground property damage.

The policy shall contain a severability of interest provision, and shall not contain a sunset provision or commutation clause, or any provision which would serve to limit third party action over claims.

The CGL and the commercial umbrella coverage, if any, additional insured endorsement shall be at least as broad as the Insurance Service Office, Inc.'s Additional Insured, Form CG 20 10 10 01, and shall include coverage for **CONTRACTOR'S** operations and products.

4.1.4.2 Automobile Liability. **CONTRACTOR** shall maintain Automobile Liability Insurance and, if necessary, Commercial Umbrella Insurance with a combined single limit for bodily injury and property damage of no less than \$1,000,000, each occurrence, with respect to **CONTRACTOR'S** vehicles (including owned, hired, non-owned), assigned to or used in the performance of this Contract. If hazardous substances, materials, or wastes are to be transported, MCS 90 endorsement shall be included and \$5,000,000 per accident limits for bodily injury and property damage shall apply.

4.1.4.3 Workers' Compensation. **CONTRACTOR** shall carry Workers' Compensation insurance to cover obligations imposed by federal and state statutes having jurisdiction of **CONTRACTOR'S** employees engaged in the performance of the work or services, as well as Employer's Liability insurance of not less than

\$100,000 for each accident, \$100,000 disease for each employee, and \$500,000 disease policy limit.

**CONTRACTOR** waives all rights against **COUNTY** and its agents, officers, directors and employees for recovery of damages to the extent these damages are covered by the Workers' Compensation and Employer's Liability or commercial umbrella liability insurance obtained by **CONTRACTOR** pursuant to this agreement.

In case any work is subcontracted, **CONTRACTOR** will require the Subcontractor to provide Workers' Compensation and Employer's Liability insurance to at least the same extent as required of **CONTRACTOR**.

4.1.5 Certificates of Insurance.

4.1.5.1 Prior to commencing work or services under this Contract, Contractor shall furnish the County with certificates of insurance, or formal endorsements as required by the Contract in the form provided by the County, issued by Contractor's insurer(s), as evidence that policies providing the required coverage, conditions and limits required by this Contract are in full force and effect. Such certificates shall identify this contract number and title.

4.1.5.2 Prior to commencing work or services under this Contract, Contractor shall have insurance in effect as required by the Contract in the form provided by the County, issued by Contractor's insurer(s), as evidence that policies providing the required coverage, conditions and limits required by this Contract are in full force and effect. Such certificates shall be made available to the County upon 48 hours notice. **BY SIGNING THE AGREEMENT PAGE THE CONTRACTOR AGREES TO THIS REQUIREMENT AND FAILURE TO MEET THIS REQUIREMENT WILL RESULT IN CANCELLATION OF CONTRACT.**

In the event any insurance policy(ies) required by this contract is(are) written on a "claims made" basis, coverage shall extend for two years past completion and acceptance of **CONTRACTOR'S** work or services and as evidenced by annual Certificates of Insurance.

If a policy does expire during the life of the Contract, a renewal certificate must be sent to **COUNTY** fifteen (15) days prior to the expiration date.

4.1.5.3 Cancellation and Expiration Notice.

Insurance required herein shall not be permitted to expire, be canceled, or materially changed without thirty (30) days prior written notice to the County.

4.2 NOTICES:

All notices given pursuant to the terms of this Contract shall be addressed to:

For County:

Maricopa County  
Department of Materials Management  
Attn: Director of Purchasing  
320 West Lincoln Street  
Phoenix, Arizona 85003

For Contractor:

Concepts for Change, Inc.  
Attn: Linda K. Hemann  
5008 W. Glendale Avenue  
Glendale, Arizona 85301

**4.3 REQUIREMENTS CONTRACT:**

Contractor signifies its understanding and agreement by signing this document, that this Contract is a requirements contract. This Contract does not guarantee any purchases will be made. Orders will only be placed when County identifies a need and issues a purchase order.

Contractor shall take no action under this Contract unless specifically requested by County, which shall submit a written purchase order to Contractor requesting that work be performed or product be delivered.

County reserves the right to cancel purchase orders within a reasonable period of time after issuance. Should a purchase order be canceled, the County agrees to reimburse the Contractor for actual and documented costs incurred by the Contractor pursuant to the purchase order. The County will not reimburse the Contractor for any costs incurred after receipt of cancellation, or for lost profits, or shipment of product or performance of services prior to issuance of a purchase order.

Contractor agrees to accept verbal cancellation of purchase orders.

**4.4 ESCALATION:**

Any requests for reasonable price adjustments must be submitted thirty (30) days prior to the Contract expiration date. Requests for adjustment in cost of labor and/or materials must be supported by appropriate documentation. If County agrees to the adjusted price terms, County shall issue written approval of the change. The reasonableness of the request will be determined by comparing the request with the Producer Price Index or by performing a market survey.

**4.5 TERMINATION:**

County may unconditionally terminate this Contract for convenience by providing thirty (30) calendar days advance notice to the Contractor.

County may terminate this Contract if Contractor fails to pay any charge when due or fails to perform or observe any other material term or condition of the Contract, and such failure continues for more than ten (10) days after receipt of written notice of such failure from County, or if Contractor becomes insolvent or generally fails to pay its debts as they mature.

**4.6 STATUTORY RIGHT OF CANCELLATION FOR CONFLICT OF INTEREST:**

Notice is given that pursuant to A.R.S. § 38-511 the County may cancel this Contract without penalty or further obligation within three years after execution of the contract, if any person significantly involved in initiating, negotiating, securing, drafting or creating the contract on behalf of the County is at any time while the Contract or any extension of the Contract is in effect, an employee or agent of any other party to the Contract in any capacity or consultant to any other party of the Contract with respect to the subject matter of the Contract. Additionally, pursuant to A.R.S § 38-511 the County may recoup any fee or commission paid or due to any person significantly involved in initiating, negotiating, securing, drafting or creating the contract on behalf of the County from any other party to the contract arising as the result of the Contract.

4.7 OFFSET FOR DAMAGES;

In addition to all other remedies at law or equity, the County may offset from any money due to the Contractor any amounts Contractor owes to the County for damages resulting from breach or deficiencies in performance under this contract.

4.8 ADDITIONS/DELETIONS OF SERVICE:

The County reserves the right to add and/or delete products and/or services provided under this Contract. If a requirement is deleted, payment to the Contractor will be reduced proportionately to the amount of service reduced in accordance with the proposal price. If additional services and/or products are required from this Contract, prices for such additions will be negotiated between the Contractor and the County.

4.9 SUBCONTRACTING:

The Contractor may not assign this Contract or subcontract to another party for performance of the terms and conditions hereof without the written consent of the County, which shall not be unreasonably withheld. All correspondence authorizing subcontracting must reference the Proposal Serial Number and identify the job project.

4.10 AMENDMENTS:

All amendments to this Contract must be in writing and signed by both parties.

4.11 RETENTION OF RECORDS:

The Contractor agrees to retain all financial books, records, and other documents relevant to this Contract for five (5) years after final payment or until after the resolution of any audit questions which could be more than five (5) years, whichever is longer. The County, Federal or State auditors and any other persons duly authorized by the Department shall have full access to, and the right to examine, copy and make use of, any and all said materials.

If the Contractor's books, records and other documents relevant to this Contract are not sufficient to support and document that requested services were provided, the Contractor shall reimburse Maricopa County for the services not so adequately supported and documented.

4.12 AUDIT DISALLOWANCES:

If at any time County determines that a cost for which payment has been made is a disallowed cost, such as overpayment, County shall notify the Contractor in writing of the disallowance. County shall also state the means of correction, which may be but shall not be limited to adjustment of any future claim submitted by the Contractor by the amount of the disallowance, or to require repayment of the disallowed amount by the Contractor.

4.13 VALIDITY:

The invalidity, in whole or in part, of any provision of the Contract shall not void or affect the validity of any other provision of this Contract.

4.14 RIGHTS IN DATA:

The County shall have the use of data and reports resulting from this Contract without additional cost or other restriction except as provided by law. Each party shall supply to the other party, upon request, any available information that is relevant to this Contract and to the performance hereunder.

4.15 INTEGRATION

This Contract represents the entire and integrated agreement between the parties and supersedes all prior negotiations, proposals, communications, understandings, representations, or agreements, whether oral or written, express or implied.

IN WITNESS WHEREOF, this Contract is executed on the date set forth above.

**CONTRACTOR**

\_\_\_\_\_  
AUTHORIZED SIGNATURE

\_\_\_\_\_  
PRINTED NAME AND TITLE

\_\_\_\_\_  
ADDRESS

\_\_\_\_\_  
DATE

**MARICOPA COUNTY**

BY: \_\_\_\_\_  
DIRECTOR, MATERIALS MANAGEMENT

\_\_\_\_\_  
DATE

BY: \_\_\_\_\_  
CHAIRMAN, BOARD OF SUPERVISORS

\_\_\_\_\_  
DATE

ATTESTED:

\_\_\_\_\_  
CLERK OF THE BOARD

\_\_\_\_\_  
DATE

APPROVED AS TO FORM:

\_\_\_\_\_  
MARICOPA COUNTY ATTORNEY

\_\_\_\_\_  
DATE

EXHIBIT A  
PRICING

SERIAL 05084 - RFP  
 PRICING SHEET S083204/B0604592 (NIGP 95221)  
 BIDDER NAME: Concepts For Change, Inc  
 F.I.D./VENDOR #: 86-00135832  
 BIDDER ADDRESS: 5008 W. Stendale Ave  
 P.O. ADDRESS: \_\_\_\_\_  
 BIDDER PHONE #: 623-930-9317  
 BIDDER FAX #: 623-930-9521  
 COMPANY WEB SITE: Concepts123@AOL.COM  
 COMPANY CONTACT (REP): Lynnda K. Hermann  
 E-MAIL ADDRESS (REP): Concepts123@AOL.COM

WILLING TO ACCEPT FUTURE SOLICITATIONS VIA EMAIL:  YES  NO

ACCEPT PROCUREMENT CARD:  YES  NO

REBATE (CASH OR CREDIT) FOR UTILIZING PROCUREMENT CARD:  YES  NO  % REBATE  
(Payment shall be made within 48 hrs utilizing the Purchasing Card)

INTERNET ORDERING CAPABILITY:  YES  NO  % DISCOUNT

OTHER GOVT. AGENCIES MAY USE THIS CONTRACT:  YES  NO

PAYMENT TERMS: BIDDER IS REQUIRED TO SELECT ONE OF THE FOLLOWING.  
TERMS WILL BE CONSIDERED IN DETERMINING LOW BID.  
FAILURE TO SELECT A TERM WILL RESULT IN A DEFAULT TO NET 30.  
BIDDER MUST INITIAL THE SELECTION BELOW.

- NET 10 \_\_\_\_\_
- NET 15 \_\_\_\_\_
- NET 20 \_\_\_\_\_
- NET 30  \_\_\_\_\_
- NET 45 \_\_\_\_\_
- NET 60 \_\_\_\_\_
- NET 90 \_\_\_\_\_
- 2% 10 DAYS NET 30 \_\_\_\_\_
- 1% 10 DAYS NET 30 \_\_\_\_\_
- 2% 30 DAYS NET 31 \_\_\_\_\_
- 1% 30 DAYS NET 31 \_\_\_\_\_
- 5% 30 DAYS NET 31 \_\_\_\_\_

INDICATE PERCENTAGE OF M/WBE PARTICIPATION IF ANY HERE: \_\_\_\_\_ %

PLEASE INDICATE HOW YOU HEARD ABOUT THIS SOLICITATION:

- NEWSPAPER ADVERTISEMENT
- MARICOPA COUNTY WEB SITE
- PRE-SOLICITATION NOTICE
- OTHER (PLEASE SPECIFY)

**EXHIBIT A  
PRICING**

**1.0 PRICING:**

**ITEM DESCRIPTION**

**FEE/RATE PER SESSION**

**1.1 Group rate/fee, per session, as defined herein, and in accordance with your proposal. Proposers/respondents are reminded that group preparation, supplementary counseling, and documentation time are integral to the group rate/fee offered.**

**\$ 225<sup>00</sup>/<sub>XX</sub>**

**PROPOSERS/RESPONDENTS ARE REMINDED THAT FEES EXCEEDING \$225.00 PER GROUP WILL NOT BE CONSIDERED FOR AWARD**

## **EXHIBIT B**

### **SCOPE OF WORK**

#### **2.0 – Scope of Work**

##### **2.1 – Parameters**

**2.1.1** – Referral of clients will be made by the MCSO Custody Support Division Staff.

**2.1.4** – Concepts For Change, Inc. will offer services to the adult male and adult female populations only. The juvenile population is not included in this proposal.

**2.1.5** – Concepts For Change, Inc. will facilitate weekly to semi-weekly sessions of anger management over a 48-week period of time to referred inmates. Group sessions are 120 minutes in duration. All groups are facilitated through the use of a structured curriculum that contains a facilitator's guide and a client workbook. All materials are provided by Concepts For Change, Inc. Pre and post testing is conducted. Programming is gender specific and bilingual.

#### **2.2 – Counseling Services**

**2.2.1.1** – Concepts For Change, Inc. will facilitate a learning environment that: A) provides an objective presentation of goals, objectives, and contrasting behavior and/or attitudes.

**2.2.1.2** – Presents behavioral and employment strategies to challenge current thinking and behaviors.

**2.2.1.3** – Assists inmates in the stages of change through the development of personal ambivalence and discrepancy.

**2.2.1.4** – Teaches skills to enhance self-efficacy promoting commitments to change, control behaviors, seek and retain employment. Reference 3.11.4 for a full description of services, goals, and objectives.

**2.2.2** – Concepts For Change, Inc. will utilize visual, auditory and kinesthetic activities in all groups in order to address multiple learning styles and encourage a robust learning environment.

**2.2.3** – Concepts For Change, Inc. will provide objective counseling and training services that facilitate inmate identification of personal resistances, barriers, and challenges to change.

**2.2.4** – Concepts For Change, Inc. will provide structured, formatted groups to teach inmates cognitive-behavioral change techniques to meet the Division goals of reducing recidivism.

**2.2.5** – Concepts For Change, Inc. will provide individualized treatment plans that identify objectives to overcome barriers to change.

**2.2.6** – Concepts For Change, Inc. will assess change in the inmate's amenability and/or commitment to the outpatient treatment process.

**2.2.7** – Prepare any and all reports as requested by MCSO Custody Support Division staff.

**2.2.8** – Concepts For Change, Inc. will facilitate inmate acceptance of responsibility for change by reinforcing cognitive and behavioral adjustments to attitudinal, physical, psychological, and intellectual factors that contribute to resistances and barriers to change.

**2.2.9** – Concepts For Change, Inc. will use curriculum-based homework assignments to monitor

and determine inmates' progress reported to MCSO Custody Support Division staff.

### **2.3 – Administrative Services**

**2.3.1** – Concepts For Change, Inc. will keep accurate records of each referred inmate's attendance, absences, or refusal of services. These will be provided to appropriate MCSO personnel as requested.

**2.5.2** – An objective progress report/behavioral summary will be submitted to authorized MCSO staff documenting the referred inmate's attendance, homework completion, attitude, progress, and future treatment recommendations within agreed upon time parameters.

**2.5.3** - Concepts For Change, Inc. will complete and submit requested statistical reports as developed jointly by MCSO and Concepts For Change, Inc. Pre and post testing of cognitive domains will be conducted and analyzed for outcome evaluations.

**2.3.4** – Concepts For Change, Inc. will notify appropriate MCSO Programs staff if an inmate is recommended for dismissal or discharge. This notification will occur prior to termination unless infraction violates the safety and well being of the offender or others. A written report will be submitted within 24 hours of dismissal.

**2.4 – Administrative Information:** Concepts For Change, Inc. understands and will comply with all line items in this section.

### **2.5 – Qualifications**

**2.5.1 & 2.5.2** – Based on existing staff credentials, Concepts For Change, Inc. substantially meets requirements requested for Inmate Anger Management Groups counselor qualifications. All clinicians have the appropriate educational and experiential backgrounds for their positions and are either licensed by the Arizona Board of Behavioral Health or eligible for licensure. There is one available bi-lingual counselor conversant in English and Spanish. Clinical supervision is provided by a licensed and certified masters prepared clinical supervisor (certificate #30 who is currently an advanced doctoral student in addictions psychology preparing her dissertation. All counselors employed by Concepts For Change, Inc. are licensed independent substance abuse counselors through the state of Arizona Board of Behavioral Health or possess appropriate professional certificates in counseling to be eligible for licensure.

**2.5.3** – All counselors employed by Concepts For Change, Inc. possess the relevant academic degrees and have a minimum of two year's experience in the human services, counseling, or education field. All counselors employed by Concepts For Change, Inc. are specifically trained in cognitive behavioral counseling techniques and skills, curriculum driven program techniques, psychoeducational/didactic skills, anger management, stress management, and impulse control therapies. In addition, these counselors are experienced in offender employment issues, business ethics, and job application processes. Employees are individually trained in the delivery of specifically designed curricula for offender populations.

**2.5.4** – Concepts For Change, Inc. specializes in programs and treatment venues for the offender population and employs clinical staff who are able to demonstrate an expertise in this area through a minimum of one year's experience providing curricula driven programs to adult jail or prison inmates.

**2.5.5** – Concepts For Change, Inc. possesses the appropriate facility licenses issued from the Arizona Department of Health Services, Office of Behavioral Health Licensing in accordance with applicable statutes and codes. All clinical staff are licensed and credentialed according to applicable statutes and codes.

### **2.6 – Credentials Verification**

**2.6.1** – Copies of resumes, college degrees, licenses, and pertinent certificates for each

Concepts For Change, Inc. staff person providing direct services to ALPHA Program or Education Section referrals are included under section 3.11.10 entitled "Other Data."

**2.6.2** – All Concepts For Change, Inc. staff who have contact with probationers and/or records under the supervision or jurisdiction of MCSO will submit to a background investigation and security clearance check completed by MCSO. This background check will be completed immediately upon employment with or employment offer made by Concepts For Change, Inc.

**2.6.3** – Concepts For Change, Inc. will obtain a signed background check release form from all employees who have contact with inmates and/or records under the

supervision or jurisdiction of MCSO and immediately forward this form to MCSO for execution. Employees may not have contact with inmates or records as stated above

until MCSO has completed the background investigation and cleared the person for such contact.

**2.6.4** – Concepts For Change, Inc. recognizes the decision of the MCSO as to the eligibility of the employee for contact with inmates or records as stated above is final and not appealable.

**2.6.5** – Concepts For Change, Inc. will notify MCSO of any and all material changes to personnel and program content related to the service contract. Notification for content changes will be made in advance of implementation and receive approval by identified MCSO personnel prior to implementation. Notification of staff changes will be made within 48 hours of predicted or actualized changes.

**2.7** – Usage Report. Concepts For Change, Inc. understands and will comply with this line item.

**2.8** – Facilities. Concepts For Change, Inc. understands and will comply with this line item.

**2.9** – Tax. Concepts For Change, Inc. understands and will comply with this line item.

**2.10** – Delivery. Concepts For Change, Inc. understands and will comply with this line item.

### **3.0 – Special Terms & Conditions**

Concepts For Change, Inc. has read, understands, and will comply with all line items as identified in serial 05084-RFP

#### **3.11 Format and Content**

**3.11.3 Introduction & Summary** - The Concepts for Change Inmate Anger Management Groups are designed for incarcerated adult males and adult females whose self-efficacy skills have compromised their commitments to change, control behaviors, seek and retain employment. Anger Management groups facilitate new coping efforts for the client that lead to positive prosocial choices. The classes utilize cognitive-behavioral methods to reinforce the cognitive-behavioral approach emphasized throughout all MCSO inmate programs. The goal of the program is alteration of counterproductive thinking patterns specifically in areas of anger and stress management that have specifically impacted the inmates' chemical addiction, domestic violence, and seeking and retention of employment. These areas include anger, stress, chemical addiction, antisocial behaviors, and core beliefs. Through auditory, visual, and kinesthetic methods, inmates will be presented with cognitive and behavioral strategies to challenge their current thinking and behaviors, facilitate change, and build skills necessary for the management of anger and stress. The anger management groups are specifically designed for those individuals who are incarcerated and must deal with a completely structured and restricted environment. All program participants will be referred by the MCSO Inmate Programs Division staff.

**3.11.4 Proposal-** Concepts for Change utilizes techniques whose effectiveness has been demonstrated by empirically supported research that addresses the complex issues and barriers involved in obtaining and maintaining change with criminal offenders. We stress a mutually collaboratively effort between counselor and inmate which forms a problem-solving alliance that draws on the inmate's knowledge and experience to forge the beginnings of the change process that will impact the inmates' management of anger and stress in a prosocial manner.

**PROGRAM GOALS:**

1. To identify personal core beliefs that are barriers to anger management.
2. To identify how core beliefs drive thinking and behavioral choices.
3. To increase and reinforce self-esteem, social skills, and appropriate behaviors.
4. To provide the information, behavioral skills, resources, education necessary to achieve a chemically free lifestyle with healthy expressions of anger. The participant will perceive these as acceptable alternatives to previously used coping techniques.
5. To assist the participant in the development of self-efficacy.
6. To assist the participant in the recognition and acceptance of his/her personal responsibilities to maintain emotional growth and a responsible life style.
7. To reduce recidivism in chemical dependency, anger and violent behavior and criminal choices.

**PROGRAM OBJECTIVES:**

1. The inmate will clarify personal issues that have been involved in his/her barriers to effective management of anger. These issues include, but are not limited to behavioral, attitudinal, psychological, physical, and intellectual factors.
2. The inmate will clarify core beliefs, thinking, and behaviors associated with his/her anger issues.
3. The inmate will identify and consider options that promote pro-social and responsible choices for the management of anger
4. Participants will verbalize that their beliefs about violence must change & that they have the power to change them.
6. Participants will analyze their cognitive, emotional, & behavioral responses to being disrespected by men and women.
7. Participants will define & describe "powerful", "respect", "abuse", and "control."
8. Participants will identify their human rights in any relationship,
9. Participants will analyze their relationships with men & women.
10. Participants will describe their expectations of themselves as father/mother/partner in a relationship.

**3.11.5 Qualifications** – Concepts For Change, Inc. is able to demonstrate through numerous criminal justice system references its use of those empirically based cognitive-behavioral treatment strategies that more effectively prepare eligible inmates for release while providing a substantial treatment focus on law-abiding social responsibility by maintaining focus on increasing constructive thinking abilities in clients. Research supports the claim that the population in question most notably lacks a pro-social global view and that with improvement in constructive thinking, pro-social views are enhanced (Epstein, 1994, 1998). Concepts For Change, Inc. specializes in treatment programs for the offender population and its clinical staff demonstrates this through their unique backgrounds of education, training, and experience. This staff includes:

**Lynda K. Hemann, M.P.H., M.A.C., L.I.S.A.C: Executive Clinical Director.** Advanced doctoral student with Ph.D. in addictions psychology anticipated in late 2005; Certified Clinical Supervisor (#030). Responsibilities include program development, supervision, education/teaching, facilitation of groups, individual counseling. Estimated time devoted to MCSO programs is approximately 50%

**Les S. Hemann, B.S. Criminal Justice, L.I.S.A.C: Operations Director.** Advanced masters student in criminal justice. Responsibilities include program management/development, training, group facilitation, individual counseling, education/teaching. Estimated time devoted to MCSO programs is approximately 65%.

**Carole A. Coughlin, M.A., L.I.S.A.C: DUI and DTEF Programs Clinical Director.** Responsibilities include program management/development, training, group facilitation, individual counseling, education/training, student intern supervisor. Estimated time devoted to MCSO programs is approximately 30%.

**Lynn Nelson, L.I.S.A.C: Coordinator, East Offices.** Responsibilities include group and individual counseling, education/teaching, parole officer liaison, case management. Estimated time devoted to MCSO programs is approximately 30%.

**David Cuthbertson, M.A., L.I.S.A.C: COOL Program Clinical Director and Coordinator.** Specialization in trauma, abuse, and deprivation. Responsibilities include program management/development, training, group facilitation, individual counseling, education/training. Estimated time devoted to MCSO programs is approximately 30%.

**Graciela Mera, B.A., L.I.S.A.C: Bi-lingual Counselor.** Responsibilities include group and individual counseling, education/ teaching. Estimated time devoted to MCSO programs is approximately 40%.

**CONCEPTS FOR CHANGE INC, 5008 W GLENDALE AVE, GLENDALE, AZ 85301**

**PRICING SHEET NIGP CODE 9522105**

Terms: NET 30

Vendor Number: W000002359 X

Telephone Number: 623/930-9317

Fax Number: 623/930-9521

Contact Person: Lynda Hemann

E-mail Address: [concepts123@aol.com](mailto:concepts123@aol.com)

Contract Period: To cover the period ending **September 30, 2008 2011.**