



Maricopa County Air Quality Idle-Free Pledge

Idling is leaving a vehicle's engine running while the vehicle is not in motion, for example, waiting in a drive-thru line. Idling vehicles harm the environment by emitting pollutants such as carbon monoxide, nitrogen oxide, and volatile organic compounds into the air. Breathing these pollutants can cause asthma attacks, allergies, respiratory problems, decreased lung function, and other health issues. Children, elderly people, and those with pre-existing health conditions are especially vulnerable.

You can reduce idling time to help improve air quality! Take the Maricopa County Air Quality Idle-Free Pledge and commit to some or all the options mentioned below. You will help make Maricopa County a healthier and safer place for years to come.

I, _____, pledge to be idle-free and take proactive steps to reduce unnecessary idling. I commit to the following action(s):

1. I will not leave my car engine running longer than 10 seconds when I am parked.
2. I will commute smart and use less gas by:
 - a. Turning off my engine while parked, dropping off, or picking up passengers.
 - b. Planning my routes to avoid heavy traffic.
 - c. Consolidating errands to one trip to spend less time on the road.
 - d. Using my car's auto stop-and-start feature if it is available.
 - e. Taking alternative modes of transportation, such as bus, light rail, or carpool.
 - f. Biking or walking for short trips.
3. I will share these tips and encourage others to be idle-free.
4. I will support projects that plan to reduce idling in schools, workplaces, and public spaces.

By making this pledge, I commit to being idle-free. I will reduce my idling time in my daily routine and inspire others to join me in making a difference.

Signature: _____ Date: _____

