


EMERGENCY KIT CHECKLIST

FOR ALL FAMILIES OF INFANTS:

- A well-stocked diaper bag
- Cleaning supplies for reusable infant items and breast pump parts
- Nonperishable baby food and snacks
- Extra clothes & blankets
- Child's medical records including vaccination record
- Safe drinking water such as bottled water
- Burp rags or smaller blanket
- Pacifiers (at least two)
- Child's medical records including vaccination record
- Disposable cups, dishes and feeding spoons
- Burp rags or smaller blanket
- Baby carrier (e.g., sling, wrap, back or front carrier)
- Infant pain reliever with Acetaminophen
- Portable crib

IMPORTANT SAFETY MESSAGE:

Certain items may not be safe in certain emergencies. If you cannot clean these items appropriately with safe water and soap, do not use them.



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FOR FAMILIES THAT RELY ON A BREAST PUMP:

- Breast milk storage bags or containers
- Breast pump and pump kit parts, power cords, extra batteries
- Small cooler with ice packs for breast milk storage
- Manual hand pump (in case of a power outage)

FOR FAMILIES FEEDING THEIR CHILD FORMULA:

- Ready-to-feed infant formula in single serving cans or bottles. Babies grow quickly so revisit your emergency kit monthly to be sure you have enough formula to meet your baby's current needs for several days. Replace formula that is expiring soon with newer bottles.
- Powdered infant formula and preparation materials.
- Formula cans/containers
- Liquid measuring cup
- Food-grade container with lid for mixing
- Bottled water for mixing
- Bottles and nipples