



Ozone pollution is more prevalent in the warmer months of April through September. A small commitment at least one day a week helps reduce ground-level ozone pollution and helps us all breathe easier.



## PROMOTE REMOTE

Teleworking helps reduce the number of vehicles on the road. Less driving reduces vehicle emissions.



## CARPOOL

Carpool to as many locations as possible. Riding together decreases the amount of emissions in the air.



## BIKE

Ride your bicycle to places you would normally drive your car. Enjoy some fresh air and save gas while reducing air pollution.



## WALK

Reducing air pollution can be as easy as walking to nearby locations instead of driving. Increase the number of steps on your pedometer and improve your health.



## RIDE PUBLIC TRANSIT

Utilize alternate modes of transportation. Consider taking the light rail, bus, or vanpool.



## FUEL AFTER DARK

Hot temperatures and gasoline fumes create ground-level ozone. Reduce the effect by refueling your vehicle at night time.



## AVOID IDLING

Avoid the drive-thru and go inside to order your food, coffee, or prescriptions. You won't have to wait in a long drive-thru line and you will reduce exhaust emissions.



## SWEEP IT UP

Sweep your driveway, patio, deck, etc. instead of using a leaf blower. Burn a few calories while reducing air pollution.