

Senior and Adult Independent Living (SAIL) Program



Services May Include:

- Case Management
- In-Home Visits
- Needs & Safety Assessments
- Program & Service Referrals

About the SAIL Program

Provides no-cost in-home support services for eligible seniors (age 60+) and adults (age 18+) with diagnosed physical disabilities.

Eligibility

The SAIL program serves eligible Maricopa County residents who are:

- 60 years of age and older
- Individuals ages 18 years of age or over who have been diagnosed with a physical disability

Note: Priority is given to individuals with the greatest economic and social needs.

Contact

To apply for the SAIL program, call the Senior Help Line at 602-264-4357 or toll-free at 888-783-7500
TTY/TDD 7-1-1
HOH/Deaf 520-775-1899

Intake Process

- **Call the Senior Helpline:** Anyone can call the Senior Help Line at 602-264-4357 on behalf of an eligible Maricopa County resident in need who is aged 60 or older. This may include a relative, neighbor, friend, church member, or even a healthcare professional.
- **Complete a Home Visit:** After the intake call is completed, a referral is issued by the Area Agency on Aging to Maricopa County. A case manager is assigned and a home visit is scheduled.

SAIL Services

SAIL program participants will be assigned a case manager from the Maricopa County Human Services Department once the home visit is completed. Case managers are assigned to communities where they live so they can better understand the needs and available resources of the communities. Case managers make periodic home visits to conduct in-home evaluations to determine an individual's area of need and what future services may be offered to the individual. This can include assessments of the home environment and the coordination of additional services to provide valuable assistance with daily living activities. A client care plan is developed and from this point forward, the individual will participate in regular check-ins with their case managers.

Coordination of Services for Clients

One very valuable service provided by SAIL program case managers is providing a connection to additional programs and resources. Case managers continuously monitor and assess the changing needs of the individual. As new needs arise, the case manager serves as a vital additional resource by providing referrals to additional no-cost programs and services offered by other agencies. The most common referrals provided include these additional services:

- Home Delivered Meals
- Homemaking Services
- Adult Day Health Care

Purpose

The mission of the Maricopa County SAIL program is to help aging and individuals with physical disabilities maintain a quality of life to remain safely in their home and enjoy a community-based setting. The SAIL program provides services to more than 6,000 Maricopa County residents each year.

In Partnership

The SAIL program is provided at no cost to eligible participants in Maricopa County through a partnership between the Area Agency on Aging, Region One, and the Maricopa County Human Services Department through the Senior and Adult Services Division. Services are provided through the program at no cost thanks to funding from Maricopa County, the Arizona Senior and Adult Independent Living Grant, the Social Service Block Grant, and the Older Americans Act.

