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Dear Maricopa County Healthcare Provider,

I wanted to update you with the Maricopa County Department of Public Health Release from Isolation Guidance for people who **test positive for COVID-19** by viral test. This guidance is in alignment with ADHS guidance and the updated [CDC Release from Isolation Guidance](#) released on 7/17. We have worked to define “mild/moderate illness,” “severe/critical illness,” and “severely immunocompromised” to be as clear as possible for both healthcare providers and the public.

A summary of the guidance is located below. Please see attached guidance for all of the details. We are working to translate this into Spanish and will be posting it on our website shortly.

Thank you for your work on the frontlines.

Best,
Rebecca

Release from Isolation Guidance for People Who Test Positive for COVID-19

1. If you **had any symptoms** consistent with COVID-19¹ **and** had **mild or moderate illness**², you should isolate at home until:
 - At least 10 days have passed since your symptoms first started **and**
 - At least 24 hours have passed since your fever resolved (without the use of medication) **and**
 - Your other symptoms have improved.
2. If you **had any symptoms** consistent with COVID-19¹ **and** had **severe or critical illness**² **or** are **severely immunocompromised**³, you should isolate at home until:
 - At least 20 days have passed since your symptoms first started **and**
 - At least 24 hours have passed since your fever resolved (without the use of medication) **and**
 - Your other symptoms have improved.

3. If you **did not have any symptoms** consistent with COVID-19¹, you should isolate at home until:
 - 10 days have passed since your first positive COVID-19 test was done.

4. If you **did not have any symptoms** consistent with COVID-19¹ **and** are **severely immunocompromised**³, you should isolate at home until:
 - 20 days have passed since your first positive COVID-19 test was done.



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[Find free and almost-free resources at FindHelpPHX.org](https://www.maricopa.gov/FindHelpPHX.org)