



# Adopt a Road Safety Guidelines

The following safety guidelines must be followed when participating in litter removal activities along County roadways. Group members are required to review this information and sign a liability waiver before every cleanup.



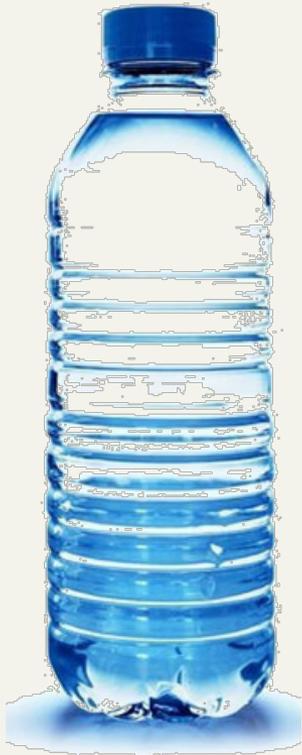
# Getting to the cleanup site:

- Meet at a location away from the cleanup site
- Carpool to the site to reduce the number of vehicles on the side of the road at the cleanup site
- Vehicles must be parked as far off the roadway as possible





# What to Bring:



Water



Sunscreen



Hand Sanitizer



First Aid Kit



# What to Wear:

- Jeans or long pants (No Shorts)
- Light colored shirt (No tank tops)
- Hard soled/closed-toe shoes
- Personal Protective Equipment (PPE)
- Hat and sunglasses
- Sunscreen





# Personal Protective Equipment (PPE)

- Everyone **MUST** wear:
  - Safety vest provided by MCDOT
  - Gloves
  - Glasses
- Groups **MUST** deploy one caution sign at each end of the clean up site
- If you need additional supplies, please request them at least 7 days in advance of your cleanup



# Clean Up Rules:

- Cleanup litter only during daylight hours and only when weather conditions are good
- Group leaders should assign co-leaders before departing for the worksite
- Assign one leader for every 8-10 adults, and one leader for every 6-8 minors
- No children under 12 are permitted at cleanup sites
- Anyone under the influence of drugs or alcohol should be asked to leave the worksite
- Do not distract motorists with horseplay or sudden movements



# Clean Up Rules:

- Be alert! Work facing oncoming traffic at all times
- NEVER wear headphones at the cleanup site
- Limit cell phone to emergency use only while on location
- Use a safety lookout when unable to see oncoming traffic
- Watch your footing and be alert for snakes, stinging insects, animals, cactus and thorny plants, steep slopes, sharp rocks, glass, and barbed wire
- Do not cross the highway unnecessarily
- Cross only at locations designated by the group leader and try to minimize crossings whenever possible
- Be sure that at least one group member is experienced in administering first aid, including CPR



## Do's and Don'ts:

**DO:** Pick up only on the right-of-way, from the edge of the paved shoulder to the right-of-way fence, ravine, or natural boundary.

**DO NOT:** Pick up litter in the median, on the paved shoulder, or on any traveled portion of the roadway.





# Do's and Don'ts:

**DO:** Stay away from road construction or maintenance projects. MCDOT personnel cleanup those areas.

**DO NOT:** Pick up litter in utility installations, culverts and drainage structures.





# Do's and Don'ts:

**DO NOT:** Overstuff trash bags

**DO NOT:** Attempt to compact or squeeze litter to gain more room in trash bags

**DO:** Tie bags securely

**DO:** Place bags completely off the paved area and at least six feet away from any traffic lane. They must be visible from the roadway.





## Do Pick Up The Following:

These items should be placed in a trash bag

- Paper
- Cardboard
- Plastic
- Styrofoam
- Wood
- Rubber
- Small, empty containers (do not move containers with liquid in them)
- Glass or metal if they do not have sharp edges



# Relocate The Following:

These items should be stacked next to trash bags when possible

- Items with dull, pointed edges that might tear a bag
- Large items that would prevent a bag from being properly tied closed
- Heavy items that could tear a bag (Examples: tires, or small pieces of furniture)

**\*\* Remember to use correct lifting techniques.  
If an item is too heavy, LEAVE IT. \*\***



# Do not move these items:

These items should be left where found and reported to the Adopt a Road Coordinator

- Sharp, large, or heavy items that could cause injury if moved
- Any item in an unsafe location (Examples: within a traffic lane, on unstable ground, or inside a culvert)
- Canal trash
- Car batteries
- Animal carcasses
- Barrels that contain unidentified materials



# NEVER move these items:

These items should be left alone and reported to MCSO and the Adopt a Road Coordinator immediately

- Hazardous materials
- Drugs, syringes, or other paraphernalia
- Closed coolers/ice chests
- Corroded, blue colored propane tanks
- Bags filled with cat litter
- Anything else that appears to be hazardous





**Thank you for helping us keep  
Maricopa County clean!**

**Questions or requests for supplies:**

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602-506-4068