YOU ARE A PRIORITY

Day and night

We understand that accidents happen, kids get sick and health concerns can arise at all times of day or night. That's why Cigna has options for who to call and where to go to meet your health care needs – 24 hours a day, 7 days a week.

Choices for care

For emergency care

If you believe that the situation needs to be treated right away or it could result in loss of life or serious complications, it is likely an emergency. Examples include:

- Uncontrolled bleeding
- Loss of consciousness
- Chest pain
- Shortness of breath
- Broken bones

In an emergency, go directly to the nearest emergency room or call 911. Then, for further assistance and directions on follow-up care, your Primary Care Physician should be called as soon as reasonably possible.

For urgent care

Urgent care situations require prompt medical attention, but are not emergencies. Some examples include:

- Sprains and strains
- Ear or eye infections
- High fever
- Minor cuts and burns

For these, if your doctor isn't available, the ideal place to go is an urgent care facility. They're typically open earlier and/or later than your doctor's office, and you're likely to spend less time waiting and can save money compared to an emergency room.

Average urgent care center cost:* **$127**

Average hospital ER cost: **$2,047**

* Cost estimates are Arizona Market 2015 averages; actual costs may vary by location, facility, and the type or level of services received.

Together, all the way.®

Cigna®

Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.

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Cigna members can find urgent care services at the following facilities throughout Arizona:

Cigna Medical Group
3003 N. 3rd St.
Phoenix, AZ 85012
602.282.9848

Cigna Medical Group
5891 W. Eugie Ave.
Glendale, AZ 85304
602.588.6725

Cigna Medical Group
1840 S. Stapley Dr. #101
Mesa, AZ 85204
480.464.6969

Cigna Medical Group
9069 W. Thunderbird
Peoria, AZ 85381
623.876.2800

Other Phoenix Locations

Avondale

1. Good Night Pediatrics
10320 W. McDowell Rd., Bldg. L
Avondale, AZ 85392
623.643.9233

2. NextCare Urgent Care
13075 W. McDowell Rd. #D106
Avondale, AZ 85392
800.819.8566

3. PCMG Avondale Urgent Care
1665 N. Avondale Blvd.
Avondale, AZ 85392
623.312.2000

Buckeye

4. 1st Care Urgent Care
1300 S. Watson Rd. #104
Buckeye, AZ 85326
623.251.3201

Chandler

5. Chandler Valley Urgent Care Clinic, Inc.
936 W. Chandler Blvd. #1
Chandler, AZ 85225
480.792.1025

6. Desert Valley Urgent Care
250 W. Chandler Heights Rd.
Chandler, AZ 85248
480.659.2759

7. FastMed Urgent Care
2875 W. Ray Rd. #8
Chandler, AZ 85224
480.899.3070

8. Maricopa Urgent Care
40 S. Kyrene Rd. #3
Chandler, AZ 85226
480.361.6609

9. NextCare Urgent Care
600 S. Dobson Rd. #26
Chandler, AZ 85224
800.819.8566

10. Sun Valley Pediatric Urgent Care
801 W. Ray Rd. #1
Chandler, AZ 85225
480.355.5437

11. Sun Valley Pediatric Urgent Care
4045 W. Chandler Blvd.
Chandler, AZ 85226
480.355.5437

Gilbert

12. All Kids Urgent Care
1430 N. Cooper Rd. #101
Gilbert, AZ 85233
480.633.1111

13. Elite Urgent Care Corp
652 E. Warner Rd. #107
Gilbert, AZ 85296
480.892.5555

14. FastMed Urgent Care
890 W. Elliot Rd. #103
Gilbert, AZ 85233
480.545.2787

15. FastMed Urgent Care
920 E. Williams Field Rd. #101
Gilbert, AZ 85295
480.855.9400

16. Gilbert Urgent Care
1501 N. Gilbert Rd.
Gilbert, AZ 85234
480.728.4100

17. Good Night Pediatrics
1452 N. Higley Rd.
Gilbert, AZ 85234
480.813.9600

18. Health First Urgent Care, LLC
888 S. Greenfield Rd. #101
Gilbert, AZ 85296
480.892.1300

19. StatClinix, PLC
1151 N. Gilbert Rd.
Mesa, AZ 85213
480.610.0688

Glendale

20. **Cigna Medical Group**
5891 W. Eugie Ave.
Glendale, AZ 85304
602.588.6725

21. FastMed Urgent Care
3730 W. Happy Valley Rd. #100
Glendale, AZ 85310
623.277.4140

22. NextCare Urgent Care
5410 W. Thunderbird Rd. #101
Glendale, AZ 85306
800.819.8566

23. NextCare Urgent Care
9494 W. Northern Ave. #101
Glendale, AZ 85305
800.819.8566

24. NextCare Urgent Care
18589 N. 59th Ave. #101
Glendale, AZ 85308
800.819.8566

25. Now Care
8251 W. Union Hills Dr. #140
Glendale, AZ 85308
623.875.7900

Cigna members can find urgent care services at the following facilities throughout Arizona:

26. PCMG North West Valley Urgent Care
20325 N. 51st Ave,
Bldg. 3 #116
Glendale, AZ 85308
623.972.5437

27. West Valley Urgent Care
17218 N. 72nd Dr., #100
Glendale, AZ 85308
623.334.8671

Goodyear

28. FastMed Urgent Care
1507 N. Litchfield Rd. #200
Goodyear, AZ 85395
623.215.0040

Laveen

29. MedPost Urgent Care
5130 W. Baseline Rd.
Laveen, AZ 85339
602.237.7373

Mesa

30. Cigna Medical Group
1840 S. Stapley Dr. #101
Mesa, AZ 85204
480.464.6969

31. NextCare Urgent Care
1066 N. Power Rd. #101
Mesa, AZ 85205
800.819.8566

32. NextCare Urgent Care
3130 E. Baseline Rd. #105
Mesa, AZ 85204
800.819.8566

33. NextCare Urgent Care
4401 E. McKellips Rd. #102
Mesa, AZ 85215
800.819.8566

34. PCMG East Valley Urgent Care
5131 E. Southern Ave.
Mesa, AZ 85206
480.833.5437

35. All Kids Urgent Care
10720 E. Southern Ave. #112A
Mesa, AZ 85209
480.633.1111

36. FastMed Urgent Care
415 N. Val Vista Dr. #101
Mesa, AZ 85213
480.654.5661

37. FastMed Urgent Care
1810 S. Power Rd. #101
Mesa, AZ 85206
480.214.0045

38. FastMed Urgent Care
1955 S. Signal Butte Rd. #103
Mesa, AZ 85209
480.214.4466

39. FastMed Urgent Care
6553 E. Baywood Ave. #103
Mesa, AZ 85206
480.985.6200

Peoria

40. Cigna Medical Group
9069 W. Thunderbird
Peoria, AZ 85381
623.876.2800

41. Good Night Pediatrics
8801 W. Union Hills Dr., Bldg A
Peoria, AZ 85382
623.241.9026

42. NextCare Urgent Care
20470 N. Lake Pleasant Rd.
#102, Peoria, AZ 85382
800.819.8566

43. We Care Urgent Care Centers PLLC
7615 W. Thunderbird Rd. # 106
Peoria, AZ 85381
623.773.2273

Phoenix

44. Cigna Medical Group
3003 N. 3rd St.
Phoenix, AZ 85012
602.282.9848

45. 7th Avenue Walk In Clinic
1201 S. 7th Ave.
Phoenix, AZ 85007
602.344.6655

46. Ahwatukee Foothills Urgent Care
4545 E. Chandler Blvd.
Phoenix, AZ 85048
480.728.4000

47. Best Medical Urgent Care
325 E. Baseline Rd.
Phoenix, AZ 85042
602.824.4640

48. Camelback Advantage Urgent Care
9515 W. Camelback Rd.
Bldg 5 #136
Phoenix, AZ 85037
602.530.6189

49. Express Urgent Care PC
333 W. Thomas Rd. #100
Phoenix, AZ 85013
602.368.1400

50. Express Urgent Care PC
9002 N. Central Ave #100
Phoenix, AZ 85020
602.322.4900

51. Express Urgent Care PC
9250 W. Thomas Rd. #100
Phoenix, AZ 85037
623.322.5900

52. FastMed Urgent Care
2301 N. 44th St.
Phoenix, AZ 85008
602.808.8786

53. FastMed Urgent Care
2423 W. Dunlap Ave.
Phoenix, AZ 85021
602.216.6862

54. FastMed Urgent Care
3302 W. Thomas Rd. #10
Phoenix, AZ 85017
602.233.2900

Cigna members can find urgent care services at the following facilities throughout Arizona:

55. FastMed Urgent Care
8260 W. Indian School Rd.
Phoenix, AZ 85033
623.846.7122

56. Good Night Pediatrics
325 E. Baseline Rd.
Phoenix, AZ 85042
602.824.4228

57. Good Night Pediatrics
3600 N. 3rd Ave #B
Phoenix, AZ 85013
602.412.4033

58. IMS Urgent Care
3540 E. Baseline Rd. #131
Phoenix, AZ 85042
480.634.1232

59. NextCare Urgent Care
1701 E. Thomas Rd. #A104
Phoenix, AZ 85016
800.819.8566

60. NextCare Urgent Care
3229 E. Greenway Rd. #102
Phoenix, AZ 85032
800.819.8566

61. NextCare Urgent Care
4730 E. Indian School Rd. #211
Phoenix, AZ 85018
800.819.8566

62. NextCare Urgent Care
5920 W. McDowell Rd.
Phoenix, AZ 85035
800.819.8566

63. NextCare Urgent Care
8101 N. 19th Ave. #A
Phoenix, AZ 85021
800.819.8566

64. NextCare Urgent Care
20950 N. Tatum Blvd. #190
Phoenix, AZ 85050
800.819.8566

65. Scottsdale Healthcare
Urgent Care Center
13843 N. Tatum Blvd. #1
Phoenix, AZ 85032
480.323.3366

66. Valle Del Sol
Urgent Care, LLC
4338 W. Thomas Rd. #116-117
Phoenix, AZ 85031
623.385.7999

67. West Valley Urgent Care
4110 N. 108th Ave. #101
Phoenix, AZ 85037
623.218.0780

Queen Creek

68. Queen Creek Urgent Care
7205 S. Power Rd. #101
Queen Creek, AZ 85142
480.728.6000

Scottsdale

69. Abrazo Medical Group
Urgent Care
6565 E. Greenway Pkwy
Scottsdale, AZ 85254
480.905.2700

70. Bell Urgent Care, LLC
6345 E. Bell Rd. #4
Scottsdale, AZ 85254
480.219.2811

71. FastMed Urgent Care
4902 E. Shea Blvd. #101
Scottsdale, AZ 85254
480.214.4468

72. FastMed Urgent Care
7730 E. McDowell Rd. #101
Scottsdale, AZ 85257
480.699.3314

73. NextCare Urgent Care
7425 E. Shea Blvd. #108
Scottsdale, AZ 85260
800.819.8566

74. PCMG Scottsdale
Urgent Care
6990 E. Shea Blvd.
Scottsdale, AZ 85254
480.922.5437

75. StatClinix, PLC
15223 N. 87th St. #110
Scottsdale, AZ 85260
480.682.4101

Sun City

76. Express Urgent Care PC
10249 W. Thunderbird Blvd.
#300, Sun City, AZ 85351
623.889.7285

77. NextCare Urgent Care
9745 W. Bell Rd. #105
Sun City, AZ 85351
800.819.8566

Surprise

78. Express Urgent Care PC
13755 N. Litchfield Rd. #105
Surprise, AZ 85379
623.322.5900

79. NextCare Urgent Care
14800 W. Mountain View Blvd.
#19C, Surprise, AZ 85374
800.819.8566

80. West Valley Urgent Care
14811 W. Bell Rd. #101
Surprise, AZ 85374
623.815.9073

Tempe

81. FastMed Urgent Care
1804 W. Elliot Rd.
Tempe, AZ 85284
480.456.0444

82. NextCare Urgent Care
914 N. Scottsdale Rd. #104
Tempe, AZ 85281
800.819.8566

Cigna members can find urgent care services at the following facilities throughout Arizona:

Outside Maricopa County

Cochise County

High Desert Clinic Urgent and Occupational Care
77 E. Fry Blvd.
Sierra Vista, AZ 85635
520.459.8915

Coconino County

Flagstaff Walk In Clinic, LLC
1110 E. Route 66 #100
Flagstaff, AZ 86001
928.527.1920

Flagstaff Walk In Clinic, LLC
4215 N. Hwy 89
Flagstaff, AZ 86004
928.527.1920

Grand Canyon Walk-In Clinic
1 Clinic Rd.
Grand Canyon, AZ 86023
928.638.2551

Troyer Urgent Care Inc.
1000 N. Humphreys St. #104
Flagstaff, AZ 86001
928.779.3844

Gila County

StatClinix, PLC
101 E. Hwy 260 #G
Payson, AZ 85541
480.598.7500

La Paz County

Integrated Medical Services
255 N. Central Blvd. #7
Quartzsite, AZ 85346
928.927.5658

Mohave County

Arizona Institute of Medicine & Surgery
3636 Stockton Hill Rd.
Kingman, AZ 86409
928.757.3636

Crossroads UC by VVMC
3641 Hwy 95
Bullhead City, AZ 86442
928.505.5734

Fastrax Urgent Care Center
1301 W. Beale St.
Kingman, AZ 86401
928.718.5200

Navajo County

StatClinix, PLC
680 E. Deuce of Clubs #B
Show Low, AZ 85901
928.537.2777

Pima County

Northwest Medical Center Urgent Care
1295 W. Duval Mine Rd. #131
Green Valley, AZ 85614
520.742.9000

Southern Arizona Urgent Care
7725 N. Oracle Rd. #131
Oro Valley, AZ 85704
520.544.2273

Pinal County

CGRMC Urgent Care
1676 E. McMurray Blvd.
Casa Grande, AZ 85222
520.316.0688

FastMed Urgent Care
495 N. Pinal Pkwy #106
Florence, AZ 85232
520.868.0573

Gold Canyon Urgent Care
6820 S. Kings Ranch Rd. #130
Gold Canyon, AZ 85118
480.982.3691

NextCare Urgent Care
1683 E. Florence Blvd. #7
Casa Grande, AZ 85122
800.819.8566

Urgent Care Maricopa
20750 N. John Wayne Pkwy.
Maricopa , AZ 85139
520.233.2468

Yavapai County

NextCare Urgent Care
2062 Willow Creek Rd.
Prescott, AZ 86301
800.819.8566

NextCare Urgent Care
3051 Windsong Dr.
Prescott Valley, AZ 86314
800.819.8566

NextCare Urgent Care
2530 W. State Route 89A #A
Sedona, AZ 86336
800.819.8566

Verde Valley Urgent Care & Occupational Medicine, PLC
411 S. 14th St. #101
Cottonwood, AZ 86326
928.634.2574

Yuma County

Northside Medical Clinic
1394 W. 16th St.
Yuma, AZ 85364
928.539.0055

PrimeCare Central Clinic
2377 S. 22nd Dr.
Yuma, AZ 85364
928.343.0488

PrimeCare Central Clinic
11142 S. Scottsdale Dr.
Yuma, AZ 85367
928.345.6830

PrimeCare Central Urgent Care
284 W. 32nd St. #436
Yuma, AZ 85364
928.341.4563

Cigna members can find urgent care services at the following facilities throughout Arizona:

Tucson Locations

1. El Dorado Urgent Care
   1400 N. Wilmot Rd. #110
   Tucson, AZ 85712
   520.884.4999
2. FastMed Urgent Care
   1895 W. Valencia Rd. #101
   Tucson, AZ 85746
   520.576.5104
3. FastMed Urgent Care
   2460 N. Swan Rd. #140
   Tucson, AZ 85712
   520.441.5405
4. FastMed Urgent Care
   7850 N. Silverbell Rd. #132
   Tucson, AZ 85743
   520.407.5884
5. La Paloma Urgent Care & Physicians Offices
   4001 E. Sunrise Dr., #121
   Tucson, AZ 85718
   520.209.7000
6. NextCare Urgent Care
   501 N. Park Ave., #110
   Tucson, AZ 85719
   800.819.8566
7. NextCare Urgent Care
   4280 N. Oracle Rd., #100
   Tucson, AZ 85705
   800.819.8566
8. NextCare Urgent Care
   5369 W. Calle Santa Cruz #145
   Tucson, AZ 85706
   800.819.8566
9. NextCare Urgent Care
   6238 E. Pima St.
   Tucson, AZ 85712
   800.819.8566
10. NextCare Urgent Care
    9525 E. Old Spanish Trail #101
    Tucson, AZ 85741
    800.819.8566
11. Northwest Medical Center, Rancho Vistoso Urgent Care
    13101 N. Oracle Rd.
    Tucson, AZ 85739
    520.818.2000
12. Northwest Medical Center Urgent Care
    1370 N. Silverbell Rd. #170
    Tucson, AZ 85745
    520.742.9000
13. Northwest Medical Center Urgent Care
    2945 W. Ina Rd.
    Tucson, AZ 85741
    520.219.6616
14. Northwest Medical Center Urgent Care
    3870 W. River Rd. #126
    Tucson, AZ 85741
    520.219.6616
15. Northwest Medical Center Urgent Care
    8333 N. Silverbell Rd.
    Tucson, AZ 85743
    520.202.7700
16. Northwest Medical Center Womens Center
    1920 W. Rudasill Rd.
    Tucson, AZ 85704
    520.469.4000
17. Planned Parenthood of Southern Arizona, Inc.
    2255 N. Wyatt Dr.
    Tucson, AZ 85712
    520.884.5562
18. Urgent Care Associates, PC
    1622 N. Swan Rd.
    Tucson, AZ 85712
    520.795.8888
19. Urgent Care Associates, PC
    8045 S. Rita Rd.
    Tucson, AZ 85747
    520.795.8888
20. Velo Med Urgent Care, PC
    2404 E. River Rd.
    Tucson, AZ 85718
    520.298.9886
21. Wound Care Center at Northwest 6130 N. La Cholla Blvd. #111, Tucson, AZ 85741
    520.219.8031

Information at your fingertips

When you aren't sure where to go to seek non-emergency care, you can:

- **Contact your primary care physician (PCP), or his or her designated on-call doctor, for instructions.**
- **Call our convenient Cigna 24-Hour Health Information Line℠ at 1.800.Cigna24 to speak with a nurse who can respond to your health care questions, direct you to the nearest participating medical facilities or provide suggestions for helpful home care that may offer comfort until you see your doctor.**

All group health insurance policies and health benefit plans contain exclusions and limitations. Plan deductible, copayment and/or coinsurance requirements apply. For costs and details of coverage, see your plan materials.

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