

## Information Zone

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- Maricopa County Department of Emergency Management
- Arizona Emergency Information Network
- Arizona Counter Terrorism Information Center
- Arizona Department of Homeland Security



# Maricopa County

Emergency Management

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# ARE YOU READY? TERRORISM

## Preparedness Starts with You!



Maricopa County  
Emergency Management

# TERRORISM

is an intentional, violent action to attain political or ideological goals.

These events can range greatly in type and size and could happen anytime and in any place, often with little or no warning. Some actions are immediately apparent and some can take time to manifest.

These threats have brought about large-scale losses of life, the destruction of property, widespread illness and injury, the displacement of large numbers of people and devastating economic loss. Nevertheless, there are things you can do to prepare for the unexpected. Preparing for such events will reduce the stress that you may feel now, and later, should another emergency arise.

- Develop and practice a **Disaster Plan** with your family to prepare for what to do, where to go, and how to communicate during any disaster.
- Prepare to evacuate by creating a **Go Bag** for each individual and pet. Consider including one in your vehicle and one at work.
- Prepare to stay in your home for up to 3 days (without electricity or running water) by creating an **Emergency Kit**.
- Visit [ready.maricopa.gov](http://ready.maricopa.gov) and [ein.az.gov](http://ein.az.gov) to learn more about how to prepare for disasters.

## If You See Something, Say Something

Suspicious activity can include:

- Unusual items or situations: vehicle is parked in an odd location, a package/luggage is unattended, a window/door is open that is usually closed, or other out-of-the-ordinary situations occur.
- Eliciting information: A person questions individuals at a level beyond curiosity about a building's purpose, operations, security procedures and/or personnel, shift changes, etc.
- Observation/surveillance: Someone pays unusual attention to facilities or buildings beyond a casual or professional interest. This includes extended loitering without explanation (particularly in concealed locations); unusual, repeated, and/or prolonged observation of a building (e.g., with binoculars or video camera); taking notes or measurements; counting paces; sketching floor plans, etc.

To report suspicious activity, contact your local law enforcement agency. Describe specifically what you observed, including: Who or what you saw; When you saw it; Where it occurred; Why it's suspicious.

	<b>CYBER</b>	<b>BIOLOGICAL</b>	<b>CHEMICAL</b>	<b>NUCLEAR/RADIOLOGICAL</b>	<b>EXPLOSION</b>	<b>ACTIVE SHOOTER</b>
<b>BEFORE</b>	<p>Take steps to protect your devices and personal information. Trust your gut; if you think an offer is too good to be true, then it probably is. Visit <a href="http://www.dhs.gov/topic/cybersecurity">www.dhs.gov/topic/cybersecurity</a> for more information on cybersecurity.</p> <p>Only connect to the Internet over secure, password-protected networks.</p> <p>Check to make sure the software on all of your systems is up-to-date.</p>	<p>Check with your doctor to ensure all required or suggested immunizations are up to date. Children and older adults are particularly vulnerable to biological agents.</p> <p>Talking to an HVAC professional about installing a High-Efficiency Particulate Air (HEPA) filter in your furnace return duct. These filters will filter out most biological agents that may enter your house. Note: HEPA filters may not filter chemical agents or radiation.</p>	<p>Identify an internal room to shelter, preferably one without windows and on the highest level. Keep a roll of duct tape, scissors, and plastic for doors, windows, and vents for the room in which you will shelter in place. To save critical time during an emergency, pre-measure and cut the plastic sheeting for each opening.</p>	<p>The three factors for protecting oneself are <b>TIME, DISTANCE</b> and <b>SHIELDING</b>. Any protection, however temporary, is better than none at all, and the more time, distance and shielding you can take advantage of, the better.</p> <p>Protection from radioactive fallout requires taking shelter in an underground area or in the middle of a large building. Make your own list of potential shelters near your home, workplace and school.</p>	<p>Be wary of suspicious packages and letters. They can contain explosives, chemical or biological agents.</p> <p>If you receive a telephoned bomb threat, get as much information from the caller as possible. Keep the caller on the line and record everything that is said.</p> <p>Notify the police and building management immediately.</p>	<p>Be aware of your surroundings. Whether at work or public gatherings, always try to locate two good exits and a good place to hide. Have an escape route and plan in mind.</p> <p>Visit <a href="https://www.dhs.gov/private-citizen">https://www.dhs.gov/private-citizen</a> for more information about active shooters situations.</p>
<b>DURING</b>	<p>Disconnect your device from the Internet.</p> <p>Update your anti-virus software's virus definitions and perform a manual scan of your entire system. If you find a problem, disconnect your device from the Internet and perform a full system restore.</p> <p>If you have access to an IT department, contact them immediately.</p>	<p>Avoid crowds where others may be infected. Consider wearing a face mask.</p> <p>If a family member develops any symptoms matching those described by officials, keep them separated from others.</p> <p>Practice good hygiene and cleanliness to avoid spreading germs.</p> <p>Pay close attention to all official warnings and instructions on how to proceed. The delivery of medical services for a biological event may be handled differently to respond to increased demand.</p>	<p>If you are inside and have air conditioning/heating systems that pull air from the outside, or if you are unsure, turn them off. Seal windows, doors, and vents. Seal any gaps.</p> <p>If you are outside, stay upwind, upstream, and uphill at least one-half mile away from the danger area. Find shelter if possible.</p> <p>Quickly try to define the impacted area, if possible and take immediate action to get away without passing through the contaminated area.</p> <p>Protect your face and any exposed skin. Cover your nose and mouth.</p>	<p>If you are outside, lie flat on the ground and cover your head. As soon as possible move to an upwind location. Seek shelter immediately, placing as much distance and dense shielding as possible between you and the outdoors where the radioactive material may be. Find the nearest building, preferably built of brick or concrete, and go inside to avoid any radioactive fallout.</p> <p>If the threat is from a nuclear blast, do not look at the flash or fireball-it can blind you.</p>	<p>Get under a sturdy table or desk if things are falling around you.</p> <p>Protect your face and any exposed skin. Cover your nose and mouth.</p> <p>If you are trapped, avoid creating or breathing dust. Avoid unnecessary movement and shout only as a last resort. Signal using a flashlight or create noise by tapping on an object or using a whistle.</p>	<p><b>RUN:</b> Leave your belongings behind. If safe to do so, warn others nearby. Keep your hands visible.</p> <p><b>HIDE:</b> Hide in an area out of the shooter's view. Block entry to your hiding place and lock the doors. Silence your cell phone and stay as quiet as possible.</p> <p><b>FIGHT:</b> As a last resort and only when your life is in imminent danger, attempt to incapacitate the shooter. Act with physical aggression and throw items at the active shooter.</p>
<b>AFTER</b>	<p>Monitor your accounts and contact companies, such as banks, in the event that your Personally Identifiable Information is compromised.</p> <p>Report online crime or fraud to your local United States Secret Service (USSS) Electronic Crimes Task Force or the Internet Crime Complaint Center.</p> <p>Report identity theft to the Federal Trade Commission.</p>	<p>Immediately seek emergency medical attention if your symptoms match those described by officials and you are in the group considered at risk.</p> <p>Plan to share health-related information with others, especially those who may need help understanding the situation and what specific actions to take.</p>	<p>If you were outside during or after the incident, get clean or decontaminate as soon as possible. If you are contaminated, it is likely that most contamination can be removed by changing all your clothes. Clothing should be removed carefully and thoughtfully so as to not spread contamination. Move the (possibly) contaminated clothing away from or out of the area you occupy. Shower if possible and wash with soap and water. If a shower is not possible, but water is available, wash especially those areas of your body that were not covered by clothing.</p> <p><b>Once authorities say it is safe</b>, open windows and vents and turn on fans for ventilation. Proceed to a medical facility for screening and professional treatment. Avoid damaged and contaminated areas.</p>	<p>When objects stop falling, leave quickly, watching for obviously weakened floors and stairways. Do not use elevators. As you exit from the building, be especially watchful of falling debris. Get low if there is smoke. Check for fire and other hazards.</p> <p>Move away from sidewalks or streets to be used by emergency officials or others still exiting the building.</p>	<p>When Law Enforcement arrives, follow all directions they give you. <b>Do not speak to, yell at or grab on to police officers.</b> Keep your hands visible and do not point. Stay against the wall, out of the way.</p> <p>Document/write everything down that you remember about the incident while it is fresh in your memory. Provide descriptions of the shooter(s) and/or any other information about the incident.</p>	

**CALL 911 IF INJURED IN ANY WAY. Use telephones for emergency calls only. Document everything that you remember about the incident while it is fresh in your memory.**