MEETING NOTES

Meeting:  
Alliance for Children and Youth with Unique Challenges (ACYUC)

Date:  
Monday, March 21, 2016  10:00 AM – 12:00 PM

Location:  
Maricopa County Public Health  4041 N Central Avenue, Suite 1400, Phoenix, AZ 85012

Purpose and Intended Outcomes:  
Retreat Re-cap and Workgroup Breakouts, Behavioral Health Presentation

Attendees (In Person):  
Morgan Anderson, Katie Speranske, Kristina Hunt, Melody Hicks, Maria Colunga, Dominique Colunga, JoAnn Brown, Kristi Hunt, Nerissa Emers, LaTasha Whitaker, Peggy Davenport, Ellen Wilson, Bonnie Carroll.

Attendees (On Phone):  
None

Absentees:  
Ellen Wilson, Nerissa Emers, Miranda Graves, Paulina Serena, Lisa Myers, Lillian V. Armstrong, Elizabeth Naughton, Rita Aitkin

<table>
<thead>
<tr>
<th>Topic</th>
<th>Discussion Leads</th>
<th>Expected Outcomes</th>
<th>Allotted Time</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Welcome and Introductions</strong></td>
<td>Morgan Anderson</td>
<td>Welcome and Introduction</td>
<td>10:15 – 10:28am</td>
</tr>
<tr>
<td><strong>Topic Discussion Notes</strong></td>
<td></td>
<td>Morgan welcomed all to the meeting. All meeting attendees shared their name, one thing on their mind, and one thing they were excited for.</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Morgan reviewed housekeeping items including on the “Ways of Being,” the norms this group has to help the structure of the meeting, and the bike rack, a tool to track additional ideas and thoughts outside agenda focused discussions.</td>
<td></td>
</tr>
<tr>
<td><strong>Retreat Re-Cap</strong></td>
<td>Morgan Anderson</td>
<td>Hear about what happened at our first retreat and learn about the outcomes and next steps</td>
<td>10:28 – 10:40am</td>
</tr>
<tr>
<td><strong>Topic Discussion Notes</strong></td>
<td></td>
<td>Morgan provided an overview on the results of February ACYUC Retreat. At the retreat participants identified goals they wanted to see accomplished by the ACYUC in the next 5 years. Participants also identified potential barriers in reaching these goals. Finally the last area discussed and developed was the 2016 Strategic Plan with focused objectives. Later in today’s meeting, ACYUC workgroups will</td>
<td></td>
</tr>
</tbody>
</table>
be working on the 2016 Strategic Plan objectives to create action items to work towards accomplishing these items. Morgan led meeting attendees through a focused discussion reflecting on the work done at the Feb. 29th retreat. The following discussion points are noted below:

What stood out to you about the retreat?

- Nice to see the things in print that people want to work on, this speaks volumes where the group output was actually taken and put on paper.
- We gained infrastructure on the work for the next years.
- Impressed with the amount of work we got done and being able to get these focused objectives down on paper.
- Need to get interpreters.
- Nice to have a road map and clear direction.

What may be challenging or frustrating in moving forward:

- People at the table will be our allies and we need more people at the table who are consistent and vested.
- Getting people excited and then getting the follow through and taking the time to come to these meetings and engage.
- Do we all know people with good follow through and would be a good asset to the group? Can we reach out to them?

Please visit acyuc.org to view all meeting documents shared.

Next Steps: Alliance Workgroups will be created to work around the 2016 Strategic Plan.

<table>
<thead>
<tr>
<th>Action Items</th>
<th>Assignments and Assignee</th>
<th>Due Date</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Topic</th>
<th>Discussion Leads</th>
<th>Expected Outcomes</th>
<th>Allotted Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Workgroup Breakouts</td>
<td>Morgan Anderson</td>
<td>Determine workgroup action steps for the next quarter. Report back to group.</td>
<td>10:40am-11:06am</td>
</tr>
<tr>
<td>Topic Discussion Notes</td>
<td>Meeting attendees broke off into the follow 5 workgroups as outlined by the 2016 Strategic Plan Results: Increased Civic Engagement, Diverse Stakeholder Involvement, School System Action Planning, Social Awareness and Outreach, and Sustainability Plan. Workgroups took time to develop SMART, first quarter action steps under their focus area. Groups then shared their actions steps with all meeting</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
attendees, asked for feedback or support and adjusted action items appropriately. Each workgroup will be assigned a lead from the ACYUC Leadership Team, if one has not been identified already. They will be working with group members over the next quarter to help accomplish these action steps.

Next Steps: Workgroups will continue to work on their 3-month action steps. Group members will have work time and be asked to report out in the May Alliance meeting.

<table>
<thead>
<tr>
<th>Topic</th>
<th>Discussion Leads</th>
<th>Expected Outcomes</th>
<th>Allotted Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Behavioral Health Presentation</td>
<td>Melody Hicks, MCDPH Office of Healthcare Innovation</td>
<td>Understand the Behavioral Health Spectrum and Explore ways to overcome stigma</td>
<td>11:06am – 11:51am</td>
</tr>
</tbody>
</table>

Topic Discussion Notes

Melody Hicks, mental and behavioral health expert from the Office of Healthcare Innovation at MCDPH, provided a presentation on stigma associated with behavioral health. The presentation included an overview of the following:

- Define Stigma
- Impact of stigma
- Suggestions/programs designed to increase inclusion, empathy, and tolerance
- Resources

Melody advised meeting attendees with her position at MCDPH, she is charged with integrating behavioral health throughout the County’s programs, this includes ACYUC. She is available for any additional support the alliance should need. To see the whole presentation, please visit acyuc.org for all past meeting documents.

Next steps:

<table>
<thead>
<tr>
<th>Action Items</th>
<th>Assignments and Assignee</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Send any additional meeting presentation topics or requests to Morgan Anderson</td>
<td>All</td>
<td>On going</td>
</tr>
<tr>
<td>Topic</td>
<td>Discussion Leads</td>
<td>Expected Outcomes</td>
</tr>
<tr>
<td>-------</td>
<td>------------------</td>
<td>-------------------</td>
</tr>
</tbody>
</table>
| **Next Steps and Evaluation** | Morgan Anderson | -Evaluations  
-Next meeting 5/16/16 @ 4041 | 11:51am – 11:55am |

**NEXT MEETING:** Next Alliance meeting will be 5/16/16. Registration will be sent out via email and updated on the website closer to the meeting date.

**Become A Member:** If you are interested in the next step after attending an Alliance meeting, this is it! As a member you will have the opportunity to take part in professional development opportunities, special projects and presentations, network with other organizations, parents and youth servicing children with unique challenges and so much more. Go to ACYUC.org to join today!

**Leadership Team Openings:** ACYUC has two leadership team positions open, which are both compensated Family Representatives if the required trainings through Raising Special Kids are completed. Our leadership team takes a leadership role with the Alliance providing governance and oversight of the Alliance. They provide logistical support, make decisions to help drive the work of the Alliance, identify trainings and resources for Alliance members, and oversee workgroup activities. To apply please fill out the member applications found on ACYUC.org and email Morgan Anderson your bio and a short sentence on why you would like to join the leadership team.

**SURVEY:** Arizona Department of Health Services in partnership with the Alliance is collecting surveys to better understand family’s experiences meeting their children’s health needs. For the Alliance this will help us gain insightful data that will help us better understand the needs of children with special healthcare needs and if those needs are being met. Anyone with a child 0-18 can take it and it will provide a lot of great data on access to care for families with children in Maricopa County. In order to have strong data we need to collect a lot of surveys so your help would be greatly appreciated, please share this with any parents, groups, etc. that could fill it out. If you need the survey links or additional flyers to share please contact Morgan Anderson.

**Bike Rack Items:**
- Advocacy of political voting. What can ACYUC do? (Example area: voting for Superintendent/Board of Education)
- Parent Ambassador Program, information sharing and opportunities to bring the program to ACYUC
- Guidestar information on interpreters. Can we join efforts or keep them as a resource?
- Working with the Coordinated School Health Model; Whole School-Whole Community-Whole Child

**Next Steps:** Meeting evaluations will be totaled and results will be implemented in the planning for next the next meeting.
<table>
<thead>
<tr>
<th>Action Items</th>
<th>Assignments and Assignee</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Share the AZ Children’s Health Survey with other parents, in organization newsletter, on social media, etc. Please provide Morgan Anderson with who you shared it with, and estimated amount of people it reached and when you shared it.</strong></td>
<td>All</td>
<td>Now - June 30th 2016</td>
</tr>
<tr>
<td><strong>Take the AZ Children’s Health Survey. Take one per each child.</strong></td>
<td>All Parents/guardians</td>
<td>Now - June 30th 2016</td>
</tr>
<tr>
<td><strong>Become an ACYUC Member!</strong></td>
<td>All Interested participants</td>
<td>Ongoing</td>
</tr>
<tr>
<td><strong>Join the Leadership Team</strong></td>
<td>Interested Family Representatives</td>
<td>Ongoing until filled</td>
</tr>
</tbody>
</table>