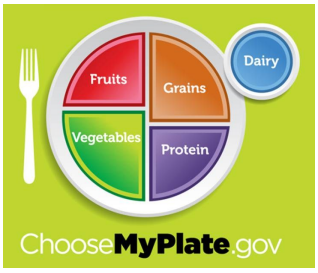
Name: _____

Shopping Spree



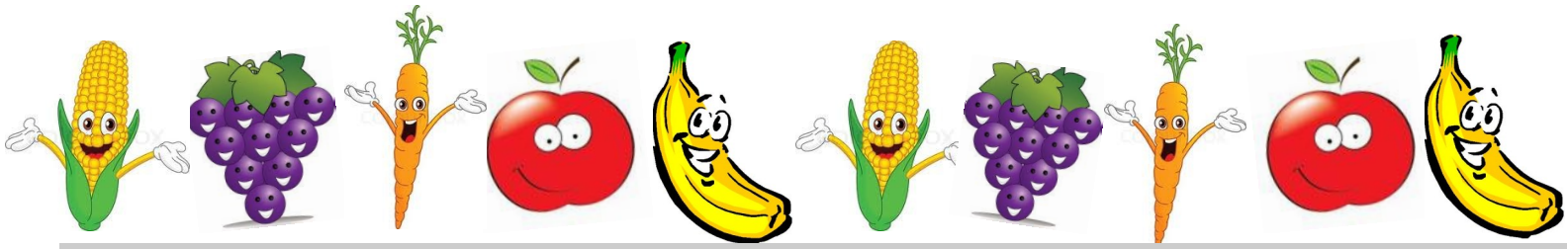
Imagine that you are doing the shopping for dairy foods for your family. You have $10 to spend. Which are the healthiest products you can choose? Good Luck!

_____	$4.50	1 gallon of non-fat ice cream
_____	$2.25	1 container of heavy whipping cream
_____	$3.25	1 gallon of skim milk
_____	$3.75	3 bars of butter
_____	$4.50	1 gallon of chocolate milk
_____	$2.75	1 container of sour cream
_____	$2.25	1 quart of low-fat yogurt

_____

_____ $ 10.00 GRAND TOTAL

Maricopa County
Department of Public Health
Office of Nutrition and Physical Activity



ADE Academic Standards, 3.MP.2, 4.MP.2