

2011 Rules and Regulations

1. Participants must be registered by 8:30 a.m. to be eligible to participate. The race begins promptly at 9:00 a.m.
2. Participants agree to follow directions provided by CAP Security and event volunteers.
3. Participants agree to abide by any decision of a race official relative to their ability to safely complete the race.
4. Participants agree to wear a race bib while on either event course.
5. Children between five and eighteen years of age must be accompanied by a parent when on the dam.
6. Participants are not allowed to step over the guardrails on the dam.
7. For safety and security reasons, the following are **NOT** allowed on the dam (no exceptions):
 - a. Children under five (5) years of age
 - b. Backpacks (camel packs are okay)
 - c. Strollers
 - d. Bicycles
 - e. Wheelchairs (motorized or manual)
 - f. Animals or pets of any kind
8. Seniors age 65 years and older, and children age five years to 12 years are eligible to receive a \$5.00 discount *at the time of pre-registration only*. Discount must be requested at the time of registration and proof of age may be required. Refunds will not be issued for failure to mention either discount (no exceptions).
 - a. Phone registrants must mention the senior and/or child discount **prior** to processing the payment by credit card. No refunds will be issued once transactions are complete or the credit card is processed.
 - b. Mail registrants must indicate "senior" or "child" in the discount section prior to mailing the form to be eligible for the discount.
9. Overpayments due to miscalculations by the registrant will be donated to the park program fund and no refunds will be issued.
10. In case of inclement weather, the course may be changed and no refunds will be issued. Entry fees and proceeds will be donated to the park program fund and benefit future family programs. Pre-registered participants will pick-up their event shirt and race bag on the morning of the event.

For more information regarding the rules and regulations please contact the Events Coordinator at (602) 372-7460, ext. 210.

Dam Good Run Information

Course Distances: Choose between an easy two-mile course; a moderate four-mile course; or a more challenging seven-mile course. Participants may run, walk or hike either course. Backpacks, strollers, children under five years of age, bicycles, and wheelchairs are permitted on the two-mile course only.

Directions: From I-17, head West on SR-74 (Carefree Highway). Proceed north on Castle Hot Springs Road (mile post 19) to the Lake Pleasant Access Road and turn right. Continue to the Main Gate. Follow in-park signage to event parking area east of the 10 lane boat ramp.

Registration Fees: Proceeds benefit Maricopa County Lake Pleasant Regional Park's family programs and events.

- \$20.00 due by March 11, 2011
- \$25.00 registration between March 12 and March 26, 2011 (mail-in registration must be postmarked by the 26th to receive reduced rate; phone registrations accepted until end of business March 26th)
- \$30.00 on site registration fee (day of event April 2nd)
- \$6 park entry fee is included in registration, except on race day.

Fee includes event, water, NEW t-shirt, and other goodies! Participants agree to abide by all rules and regulations that appear on this form.

Questions contact: 602-372-7460 ext 210

e-mail: AnnaEsh@mail.maricopa.gov

web: www.maricopa.gov/parks/lake_pleasant/

Payment: Visa, MasterCard, and American Express registrations will be accepted via phone at (602) 372-7460 ext 210. **Please mail check or money order payable to:**

Lake Pleasant Regional Park
41835 N. Castle Hot Springs Road
Morristown, AZ 85342

*Mailing Address

Please use the directions above to destination. Do Not utilize the above address for GPS systems, as you will be given incorrect directions. For directional assistance to the park, please call the Event Coordinator at (602) 372 7460 ext 210 or General Assistance at ext 200.



Maricopa County
Parks and Recreation Department
Lake Pleasant Regional Park

