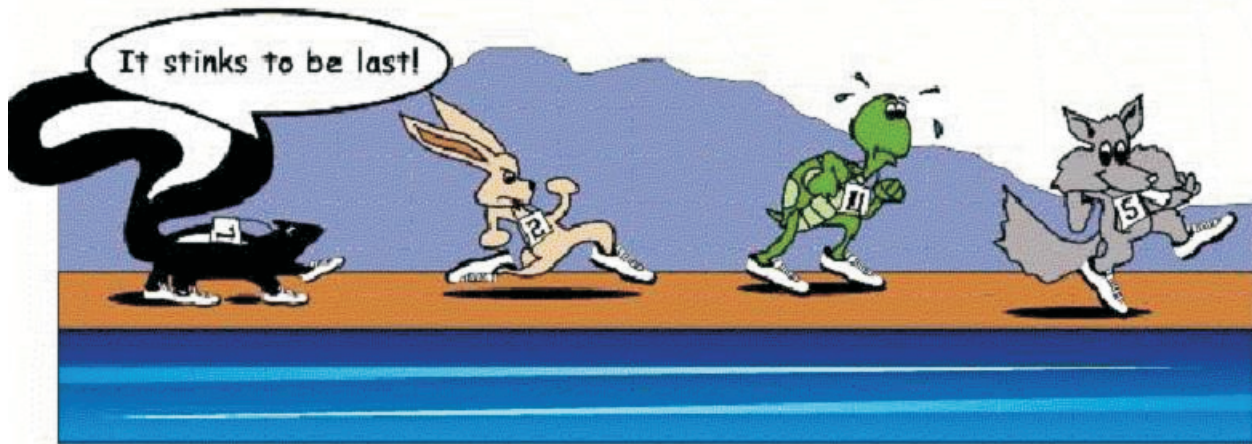


LAKE PLEASANT REGIONAL PARK DAM GOOD RUN, WALK, HIKE



The **Dam Good Run** is back by popular demand! Stretch your body, lace up your tennis shoes and dash out to Lake Pleasant Regional Park to participate in the festivities!

When: April 2, 2011
Start time: 9 a.m. - 1 p.m.

This exhilarating, family-oriented event allows participants to select a course and then set the pace. Courses range from an easy two-mile trail, four-mile moderate course, to the more challenging seven-mile trek across the Waddell Dam overlooking the scenic lake. Participants may not bring backpacks, strollers and children under the five-years of age on to the dam for safety reasons and will only be permitted on the two-mile trail.

All participants must register to participate in the race. Discounts are available to seniors 65 years and over and for children ages 5 to 12. The early-bird registration fee of \$20 is good through March 11. Those registering between March 12 and March 26 will be charged \$25. Registration is also available on the day of the event for \$30 (plus \$6 park entry fee).

To register, contact (602) 372-7460 ext. 210. For additional information on the event or park, visit www.maricopa.gov/parks/lake_pleasant/events.



Maricopa County

Lake Pleasant Regional Park • 41835 N. Castle Hot Springs Road • Morristown, AZ 85342 •
From I-17 take SR-74 (Carefree Hwy) west; turn right at Mile Post 19; three miles to park entrance.