PREVENTIVE
drug list

Preventive medications are used for the prevention of conditions such as high blood pressure, high cholesterol, diabetes, asthma, osteoporosis, heart attack, stroke and prenatal nutrient deficiency.

You may not have to pay a copay, a coinsurance (the percentage you pay after you meet your deductible) and/or a deductible (the amount you pay before your plan starts to pay) for preventive medications. Please check your plan materials to understand how preventive medications are covered for you.

Following is a list of brand name and generic preventive medications, arranged by type of condition. Talk with your doctor about available generic medications that may provide additional savings for you.

You can also refer to **myCigna.com** for a complete and up-to-date drug listing where preventive medications are indicated with a "PM" symbol after the drug name. The Prescription Drug Price Quote tool on **myCigna.com** is available to help you find drug costs for preventive medications covered under your plan.

Health care reform and you

The Patient Protection and Affordable Care Act (PPACA), commonly referred to as "health care reform," was signed into law on March 23, 2010. This important legislation will result in changes to every American's health coverage. Some of the changes took effect in 2010 and most of the law's effects will be felt by 2014. Cigna will comply with all provisions of the law including those that impact your pharmacy coverage plan. For example, depending upon the final government regulations, coverage for medications that have not traditionally been included in pharmacy plans, such as specific over-the-counter (OTC) medications, may be made available at no cost share to you.

As with all covered medications, we would require a prescription from your doctor to process the claim under your pharmacy plan (including OTC medications).

To get the most current information about preventive medications that may be available at no cost to you, visit **www.informedonreform.com** or **Cigna.com** and look for the "Informed on Reform" link.

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preventive drug list

Please note, brand name medications start with a capital letter and generic medications start with a lower case letter. If a brand name medication has an equivalent generic available, it will be listed next to the brand name in parenthesis.

Asthma Related

Accolate (zafirlukast)
Accuneb (albuterol sulfate)
Advair Diskus
Advair HFA
Aerobid-M
albuterol sulfate inhalation solution, syrup, tablet
Alpent
Alvesco
aminophylline
Arcapta Neohaler
Asmanex
Atrovent inhalation solution (ipratropium bromide)
Atrovent HFA
Bronchial Mist (epinephrine)
Broncomar-1
Bronkaid Dual Action
Brovana
Cafcit (caffeine citrate)
cromolyn sodium
Difil-G (guaifenesin/dyphylline)
Dilex-G 200
Dilex-G 400 (guaifenesin/dyphylline)
Dulera
Dyflex
Dylix (dyphylline)
Ed-Bron G
Elixophyllin GG
Elixophylline (theophylline anhydrous)
Elixophylline Sr (theophylline anhydrous)
Flovent
Flovent Diskus
Flovent HFA
Foradil
guaifenesin/dyphylline
Lufyllin (dyphylline)
Lufyllin-400
Lufyllin-GG (guaifenesin/dyphylline)
Maxair
Maxair Autohaler
metaproterenol sulfate
Panfil G (guaifenesin/dyphylline)
Perforomist
ProAir HFA
Proventil HFA
Pulmicort inhaler
Pulmicort inhalation solution (budesonide)

Asthma Related (continued)

Quibron
Quibron-300
Qvar
Serevent
Serevent Diskus
Singulair (montelukast)
Spiriva
Symbicort
terbutaline sulfate
Theo-24
Theochron (theophylline anhydrous)
Theo-Dur (theophylline anhydrous)
Tudorza Pressair
Uniphyl (theophylline anhydrous)
Ventolin HFA
Vospire ER (albuterol sulfate)
Xolair
Xopenex inhalation solution (levalbuterol HCl)
Xopenex HFA
Zyflo
Zyflo CR

Blood Pressure Related

Accupril (quinapril)
Accuretic (quinapril HCl/HCTZ)
Aceon (perindopril erbumine
acetazolamide)
Adalat CC (amlodipine besylate)
Adalat CC (nifedipine)
Aldactazide (spironolactone/HCTZ)
Aldactone (spironolactone)
Aldomet (methyldopa)
Aldoril-D50
Altace (ramipril)
Amturnide
Apresoline (hydralazine HCl)
Atacand
Atacand HCT (candesartan/hydrochlorothyazide)
Avalide (irbesartan)
Avapro (irbesartan/HCTZ)
Azor
Benicar
Benicar HCT
Betapace (sotalol HCl)
Betapace AF (sotalol HCl)
Bumex (bumetanide)
Bystolic

Blood Pressure Related (continued)

Caduet (amlodipine/atorvastatin)
Calan (verapamil)
Calan SR (verapamil)
Capoten (captopril)
Capozide (captopril/hydrochlorothiazide)
Cardene (nicardipine HCl)
Cardene SR
Cardizem (diltiazem)
Cardizem CD (diltiazem)
Cardizem LA (diltiazem HCl)
Cardura (doxazosin mesylate)
Cardura XL
Catapres (clonidine HCl)
Catapres-TTS 1 (clonidine HCl)
Catapres-TTS 2 (clonidine HCl)
Catapres-TTS 3 (clonidine HCl)
chlorthalidone
Clorpres (clonidine HCl/chlorthalidone)
Coreg (carvedilol)
Coreg CR
Corgard (nadolol)
Corzide (bendroflumethiazide/nadolol)
Covera-HS
Cozaar (losartan potassium)
Demadex (torsemide)
Demser
Diamox (acetazolamide)
Diamox Sequels (acetazolamide)
dibenzyline
Dilacor XR (diltiazem)
diltiazem HCl
Diovan (valsartan)
Diovan HCT (valsartan/HCTZ)
Diuril (chlorothiazide)
Dyazide (triamterene/HCTZ)
Dynacirc CR
Dyrenium
Edarbi
Edarbychlor
Edecrin
Exforge
Exforge HCT
felodipine
furosemide
hydralazine HCl
hydralazine/HCTZ
hydrochlorothiazide
Hydrodiuril (hydrochlorothiazide)
Hydroplus-50 (reserpine/hydrochlorothiazide)

Blood Pressure Related (continued)

Hygroton (chlorthalidone)
Hytrin (terazosin HCl)
Hyzaar (losartan/hydrochlorothiazide)
indapamide
Inderal (propranolol HCl)
Inderal LA (propranolol HCl)
Innopran XL
Inspra (eplerenone)
isradipine
Kerlone (betaxolol HCl)
Lasix (furosemide)
Levatol
Lopressor (metoprolol tartrate)
Lopressor HCT (metoprolol/HCTZ)
Lotensin (benazepril HCl)
Lotensin HCT (benazepril HCl/HCTZ)
Lotrel (amlodipine besylate/benazepril)
Mavik (trandolapril)
Maxzide (triamterene/HCTZ)
methyclothiazide
methyldopa
methyldopa/hydrochlorothiazide
metoprolol tartrate
Micardis
Micardis HCT
Microzide (hydrochlorothiazide)
Midamor (amiloride HCl)
Minipress (prazosin HCl)
Minoxidil (minoxidil)
Moduretic (hydrochlorothiazide/amilor HCl)
Monopril (fosinopril sodium)
Monopril HCT (fosinopril sodium/HCTZ)
Naturetin-5
Neptazane (methazolamide)
Nexiclon XR
nifedipine
Nimotop (nimodipine)
Normodyne (labetalol HCl)
Norvasc (amlodipine besylate)
pindolol
Prinivil (lisinopril)
Prinzide (lisinopril/hydrochlorothiazide)
Procardia (nifedipine)
Procardia XL (nifedipine)
propranolol/HCTZ
reserpine
Saluron (hydroflumethiazide)

Blood Pressure Related (continued)

Salutensin Demi (reserpine/ hydrochlorothiazide)
Sectral (acebutolol HCl)
Sular (nisoldipine)
Tarka (trandolapril/verapamil)
Tekamlo
Tekturna
Tekturna HCT
Tenex (guanfacine HCl)
Tenoretic 100 (chlorthalidone/ atenolol)
Tenoretic 50 (chlorthalidone/ atenolol)
Tenormin (atenolol)
Terazosin HCl (terazosin HCl)
Teveten (eprosartan)
Teveten HCT
Thalitone
Tiazac (diltiazem)
timolol maleate
Toprol XL (metoprolol succinate)
Trandate (labetalol HCl)
triamterene/HCTZ
Tribenzor
Twynsta
Uniretic (moexipril HCl/HCTZ)
Univasc (moexipril HCl)
Vaseretic (enalapril maleate/ HCTZ)
Vasotec (enalapril maleate)
Verelan (verapamil)
Verelan PM (verapamil)
Zaroxolyn (metolazone)
Zebeta (bisoprolol fumarate)
Zestoretic (lisinopril/ hydrochlorothiazide)
Zestril (lisinopril)
Ziac (bisoprolol/HCTZ)

Blood Thinner

Aggrenox
Brilinta
Coumadin (warfarin)
Effient
Eliquis
Jantoven (warfarin)
Persantine (dipyridamole)
Plavix (clopidogrel)
Pletal (cilostazol)
Pradaxa
Ticlid (ticlopidine HCl)
Xarelto

Cholesterol Related

Advicor
Altoprev
Antara
Caduet (amlodipine/atorvastatin)
Cholestyramine Light (cholestyramine/aspartame)
Colestid (colestipol)
Crestor
fenofibrate
Fenoglide
Fibricor (fenofibric acid)
Lescol (fluvastatin)
Lescol XL (fluvastatin XL)
Lipitor (atorvastatin)
Lipofen
Livalo
Lofibra (fenofibrate, non-micronized)
Lofibra (fenofibrate, micronized)
Lopid (gemfibrozil)
Lovaza
Mevacor (lovastatin)
Niacor
Niaspan
Prevalite (cholestyramine)
Pravachol (pravastatin sodium)
Questran (cholestyramine)
Questran Light (cholestyamine aspartame)
Simcor
Tricor (fenofibrate)
Triglide (fenofibrate)
Trilipix
Vytorin
Welchol
Zetia
Zocor (simvastatin)

Diabetes Related

Actoplus Met (pioglitazone/ metformin)
Actoplus Met XR
Actos (pioglitazone)
Amaryl (glimepiride)
Apidra
Apidra SoloStar
Avandamet
Avandaryl
Avandia
Bydureon
Byetta
chlorpropamide
Cycloset

Diabetes Related (continued)

Duetact (pioglitazone/ glimiperide)
Fortamet
Glucophage (metformin HCl)
Glucophage XR (metformin HCl)
Glucotrol (glipizide)
Glucotrol XL (glipizide ER)
Glucovance (glyburide/ metformin)
Glumetza
Glynase (glyburide micronized)
Glyset
Humalog
Humalog Mix 50/50
Humalog Mix 75/25
Humulin 50/50
Humulin 70/30
Humulin L
Humulin N
Humulin R
Humulin U
Janumet
Janumet XR
Januvia
Jentadueto
Juvisync
Kombiglyze XR
Lantus
Lantus SoloStar
Levemir
Metaglip (glipizide/ metformin HCl)
Micronase (glyburide)
Novolin 70/30
Novolin 70/30 Innolet
Novolin N
Novolin R
Novolog
Novolog Mix 70/30
Onglyza
Prandimet
Prandin
Precose (acarbose)
Riomet
Starlix (nateglinide)
Symlin
SymlinPen 120
SymlinPen 60
tolazamide
tolbutamide
Tradjenta
Victoza

Osteoporosis Related

Actonel
Aredia
Atelvia
Binosoto
Boniva (ibandronate)
Didronel (etidronate disodium)
Evista
Forteo
Fosamax (alendronate sodium)
Fosamax Plus D
Fortical (calcitonin-salmon)
Miacalcin (calcitonin-salmon)
Skelid

Prenatal Vitamins

*All prescription strength prenatal vitamins qualify as preventive medications. (Available as generic where * is noted.)*

Anemagen OB
Atabex
Atabex EC
Bright Beginnings Prenatal
Cal-Nate*
Carenatal DHA
Cenogen- ultra*
Cepacol Sore Throat
Citracal Prenatal + DHA
Citranatal 90 DHA*
Citranatal Assure
Citranatal B-CALM
Citranatal DHA*
Citranatal Harmony
Citranatal RX*
Complete-RF Prenatal*
Co-Natal FA*
Concept DHA*
Concept OB*
Duet
Duet DHA Balanced
Duet DHA Complete*
Duet DHA EC Stuartna
Duet DHA Stuartnatal
DUET DHA with Ferrazone *
Duet Stuartnatal*
Ed Cyte F
Embrex 600
Enfamil Natalins Rx*
EZFE Forte
Fam-Pren Forte*
Femecal OB Plus DHA
Folcaps Omega 3
Foltabs Prenatal Plus D*
Gesticare*
Gesticare DHA*
Icar Prenatal
Icar-C Plus
Icar-C Plus SR
Marnatal-F
Materna*
Maternal Plus 90*
Maxinate
Mission Prenatal
Mission Prenatal FA
Mission Prenatal HP
Mulivitamin With minerals
Multi-Nate DHA Extra
M-Vit
Natachew*
Natafort*
Natalcare PIC Forte*
Natalins*
Natalvit
Natatab*
Natelle*
Natelle C
Natelle -Ez
Natelle One*
Natelle Prefer*
Natelle-EZ
Neevo*
Neevo DHA
Nestabs FA*
Nexa Select
Novanatal*
Novastart
Nutracare
OB Complete*
OB COMPLETE 400
OB Complete DHA*
OB Complete Petite
Obegyn
OB-Natal One*
Obstetrix EC
Obstetrix-100
Obtrex
Obtrex DHA*
O-Cal FA
O-Cal Prenatal
One Daily Prenatal*
Oraspan-FA
PNV-DHA Plus
Precare*
Precare Conceive*
Precare Premier*
Prefera-OB ONE*
Prefera-OB Plus DHA
Premesis Rx*
Prenatal + DHA*
Prenatal 19*
Prenatal Advance*
Prenatal Complete*
Prenatal Formula*
Prenatal Low Iron*
Prenatal Multivitamins*
Prenatal Plus*
Prenatal Plus 90*
Prenatal Plus DHA*
Prenatal U*
Prenatal Vitamin*
Prenatal-1*
Prenate DHA*
Prenate Elite*
Prenate Essential*
Prenate GT*
Prenexa*
Preque 10
Primacare One
Pruet DHA*
Pruet DHA EC*
Renate DHA*
Rovin-A DHA
Rovin-NV*
Rovin-NV DHA
Select DHA*
Select-OB*
Select-OB + DHA
SE-Tan DHA*
Setonet*
Setonet-EC
Strongstart
Stuart Prenatal*
Stuartnatal Plus*
Stuartnatal Plus 3*
Tandem OB*
Taron-Duo EC
Taron-Prenexa*
Theranatal
Theranatal Complete
TL-Select DHA*
Triadvance*
Tricare DHA
Tricare Renatal DHA ONE
Trinatal GT*
Trinatal RX1*
Trinatal Ultra*
Triveen-Duo DHA*
Ultimatecare Combo*
Ultimatecare One NF*
Ultra-natal*
Vena-Bal DHA*
Vinate II*
Vinate Care
Vitafol-OB+DHA
Vitafol-One
Vitafol-PN
VIVA DHA
Vol-Nate*
VOL-TAB RX

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