Improving health has MANY REWARDS.

Cigna Healthy Rewards® includes special discounts on programs and services designed to help you enhance your health and wellness. The offers include brand names such as Jenny Craig®, Pearle Vision®, Curves®, drugstore.com™ and more.

No referrals. No claim forms. No catch.

If you have Cigna coverage, the choice to use Healthy Rewards is entirely yours. The program is separate from your coverage, so the services don't apply to your plan's copays or coinsurance. No doctor's referral is required – and no claim forms, either. Set the appointments yourself, show your ID card when you pay for services and enjoy the savings.

Discounts are available for the following health and wellness programs:

- Weight management and nutrition
- Fitness
- Tobacco cessation
- Mind/body
- Vision and hearing care
- Alternative medicine
- Healthy lifestyle products

Good health is its own reward. So consider this a well-deserved bonus. For a complete list of Healthy Rewards vendors and programs,

Visit www.mycigna.com; under "Review my coverage" or call 1.800.870.3470.

GO YOU®

Cigna®

Offered by: Connecticut General Life Insurance Company or Cigna Health and Life Insurance Company.

*Healthy Rewards is a discount program. Some Healthy Rewards programs are not available in all states. If your Cigna plan includes coverage for any of these services, this program is in addition to, not instead of, your plan benefits. Healthy Rewards programs are separate from your medical benefits. **A discount program is NOT insurance, and the member must pay the entire discounted charge.**

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