

alternative medicine

the cigna Healthcare
program for maricopa county



The Cigna HealthCare program for Maricopa County employees and dependents participating in the Cigna HealthCare benefit plan includes a special benefit for alternative medicine services. This in-network benefit offers up to twenty (20) visits (without a referral) per plan year to a Cigna HealthCare designated alternative medicine network. The following information describes the covered alternative medicine services benefit and how to access these services.

Covered Services

- Physical Medicine
- Acupuncture/
Acupressure
- Massage Therapy
- Homeopathic
Consultation
- Biofeedback/Guided
Imagery
- Herbal/Homeopathic
or Natural Products as
dispensed in conjunction
with an office visit at a
Designated Alternative
Medicine Center not
to exceed \$60 retail
value for all products
combined per plan year.

Not all services will be available
at all locations

What is Alternative Medicine?

Alternative Medicine encompasses a broad spectrum of services not generally performed or practiced within conventional medicine. The alternative medicine services benefit under your Cigna HealthCare benefit plan includes coverage for certain, but not all, types of alternative medicine treatment and services.

Covered Services

Covered Alternative Medicine Services include only those services described in the Cigna HealthCare benefit plan as generally summarized to the right, which are provided in-network by a Designated Alternative Medicine Center. Coverage is limited to twenty (20) self-referral visits per contract year for all plans. Your Primary Care Physician (PCP) copay is required at each of the twenty (20) self-referral visits. Under the Cigna HSA plan, you will have to meet your deductible and then services will be paid at the coinsurance level.

Where are Services Provided?

Alternative Medicine Services are covered under your plan when provided or performed at Designated Alternative Medicine Centers (facilities with doctors and practitioners with which Cigna HealthCare has contracted to have Alternative Medicine Services provided). Alternative Medicine Services provided to a participant by a facility, doctor, or practitioner that is not a Cigna HealthCare Designated Alternative Medicine Center will not be covered or reimbursed.

Please see your Cigna Healthcare benefit plan for specific detail on covered expenses and exclusions.

GO YOUSM



How to schedule an appointment

To schedule an appointment, contact a health care professional listed below.

Independent Providers

Damien L. Brandeis, ND
4035 W. Chandler Blvd., #1
Chandler, AZ 85226
480.855.6560

Valeria J. Breiten, ND
4035 W. Chandler Blvd., #1
Chandler, AZ 85226
480.857.2768

Brandon M. Chastant, ND
9855 S. Priest Dr., #102
Tempe, AZ 85284
480.398.4000

Theo P. Christodoulakis, ND
1256 W. Chandler Blvd., #32
Chandler, AZ 85224
480.857.7538

Kerri L. Clark, ND
13555 W. McDowell Rd., #103
Goodyear, AZ 85395
623.932.1157

Steven D. Ehrlich, ND
1219 E. Glendale Ave., #3
Phoenix, AZ 85020
602.374.6902

Joanne M. Feaster, ND
10405 N. Scottsdale Rd., #5
Paradise Valley, AZ 85253
480.553.5200

Chad R. Goetz, ND
921 W. University Dr., #1054
Mesa, AZ 85201
480.375.1975

Anne C. Hicks, ND
4500 N. 32nd Street, Ste. 116
Phoenix, AZ 85018
602.451.9098

Margaret A. Husami, ND
3014 N. Hayden Rd., #122
Scottsdale, AZ 85251
480.219.2624

Judith A. Jones, ND
2510 E. Hunt Hwy., #18
San Tan Valley, AZ 85143
623.201.4747

Jami L. Kupperman, ND
10505 N. 69th St., #1100-A
Scottsdale, AZ 85253
888.411.4226

Jeffrey A. Lee, ND
4702 E. Southern Ave.
Mesa, AZ 85206
480.892.5313

Jean-Luc Le-Provost, NMD
301 W. Roosevelt, Ste. 2
Phoenix, AZ 85003
602.908.5422

Tracy L. Magerus, ND
1641 E. Osborn Rd., #6
Phoenix, AZ 85016
602.265.1774

Erika D McKeen, ND
34406 N. 27th Dr., #108
Phoenix, AZ 85085
623.266.1700



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Kenneth B. Mitchell, ND
16601 N. 40th St., #229
Phoenix, AZ 85032
602.441.3455

Tiffany N. Mitchell, ND
13660 N. 94th Dr., #C-4
Peoria, AZ 85381
623.266.1722

John C. Oertle III, ND
2730 S. Val Vista Dr., #188
Gilbert, AZ 85295
480.270.5761

Shahrzad Z. Orona, ND
7517 S. McClintock Dr. #104
Tempe, AZ 85283
480.755.0060

Denise M. Quance, ND
2152 S. Vineyard #138
Mesa, AZ 85210
480.539.6646

Samuel A. Schikowitz, ND
13660 N 94th Dr., #C-4
Peoria, AZ 85381
623.266.1722

Stephanie M. Seitz, ND
4300 N Miller Rd., #232
Scottsdale, AZ 85251
480.336.3517

Patricia C. Smith Pingle,
NMD, ND, BS
10505 N 69th St., #1100-A
Scottsdale, AZ 85253
602.845.8949

Ty M. Tallman, ND
3014 N. Hayden Rd., #122
Scottsdale, AZ 85251
480.219.2624

Corrie J. Thompson, ND
7320 E. 6th Avenue
Scottsdale, AZ 85251
480.269.1864

Mary J. Turner, ND
2164 E. Broadway Rd.
Tempe, AZ 85282
480.970.0000

Karen A. Vaughan, ND
1641 E. Osborn Rd., #6
Phoenix, AZ 85016
602.265.1774

Cancer Treatment Centers of America

14200 W. Celebrate Life Way
Goodyear, AZ 85338

623.207.3000

- Shauna M. Bridesall, ND
- Timothy C. Bridesall, ND
- Adam P. Kerievsky, ND
- Laura S. Martell, ND
- Jeffrey A. Sager, ND
- Lena Suhaila, ND



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Southwest Naturopathic Medical Center

2164 E. Broadway Road
Tempe, AZ 85282
480.970.0000

- Leslie Axelrod, ND, LAC
- Esti M. Bakty, ND
- Matthew I. Baral, ND
- Nicholas Buratovich, ND
- Matthew L. Cavaiola, ND
- Walter Crinnion, ND
- John M. Dye, ND
- Danya Epstein, ND
- Patricia Gaines, ND
- Christine L. Girard, ND
- Anesia R. Groves, ND
- Natalie Ham, ND
- Sara A. Hazel, ND
- Jan Highfield, NMD
- Vance N. Inouye, ND
- Jocelyn J. Jensen, ND
- Jordan C. Kopcio, DC
- Tracy L. Magerus, ND
- Heath McAllister, ND
- Stephen Messer, ND, DHANP
- Jessica K. Mitchell, ND
- Paul Mittman, ND, DHANP
- Mona Morstein, ND
- Jaimie Oskin ND
- Heather A. Paulson, ND
- Michelle Retz, ND
- Stephanie M. Seitz, ND
- Dejarra Sims, ND
- Kiera Smialic, ND
- Christine Sorensen, ND
- Katrina Stage, ND
- Leila Turner, ND
- Naz Vassighi, ND
- Kimberly Volk, ND



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