

# Preventive Drug List

Effective October 1, 2009

Maricopa County is offering a special benefit for certain prescription medications that can help keep you healthy. By managing your health before it becomes a problem, you may feel better and save money.

## About the Preventive Medication Benefit

Your plan offers a special benefit for certain prescription medications that may be recommended by your physician or other healthcare provider to prevent an illness or a medical condition. The Preventive Drug List (PDL) includes all of the preventive medications that are covered by your plan. This benefit does *not* include medications prescribed to treat an illness, injury, or condition that you already have.

Medications covered under the preventive care benefit may be used for the following purposes:

- Help prevent medical conditions such as blood clots, glaucoma, and osteoporosis
- Provide prenatal and well-child care
- Help prevent heart disease and reduce the risk of stroke
- Help people lose weight

This PDL was developed by Walgreens Health Initiatives, your health plan's pharmacy benefits manager. It was created under the direction of a committee of doctors and pharmacists in accordance with federal regulations that specify the types of medications your plan can cover without a deductible.

**Please note:** The PDL is subject to change without notice.

## How to Use Your Preventive Medication Benefit

If your doctor prescribes a medication on the PDL, there will be no charge for your prescription; it will be processed automatically at no cost to you. There are no claim forms to submit.

## How to Find Medications on the PDL

- Generic medications are listed in lowercase letters below the word generic. Not all generic medications available are listed.
- If a medication is used for more than one purpose, it will be listed under only one category; check different categories.

*All medications on this list have been approved by the Food and Drug Administration.*

## Additional Information

For information specific to your plan, register on the Walgreens Health Initiatives web site, [MyWHI.com](http://MyWHI.com), and click on Drug costs & coverage.

## Call Us with Questions

For assistance, please call the Walgreens Customer Care Center toll free at 800-207-2568. For information about your health savings account balance, contact your plan's benefits administrator.

ANTICOAGULATION	
<b>Anticoagulants</b>	
generic	
warfarin sodium	
<b>Platelet Inhibitors</b>	
generic	
cilostazol dipyridamole ticlopidine	

BLOOD PRESSURE LOWERING	
<b>ACE Inhibitors</b>	
generic	
benazepril captopril enalapril fosinopril lisinopril moexipril quinapril ramipril trandolapril	

ACE Inhibitor Combinations	
generic	
benazepril/hctz captopril/hctz enalapril/hctz fosinopril/hctz lisinopril/hctz moexipril/hctz quinapril/hctz Quinaretic	

ACE Inhibitor/Calcium Channel Blocker Combination	
generic	
amlodipine/benazepril	

Beta Blockers	
generic	
acebutolol atenolol bisoprolol carvedilol labetalol metoprolol metoprolol ER nadolol pindolol propranolol propranolol LA	

Calcium Channel Blockers	
generic	
Afedital CR amlodipine Cartia XT Dilt XR Diltia XT diltiazem ER diltiazem diltiazem XR felodipine ER felodipine nicardipine Nifediac CC Nifedical XL nifedipine nifedipine ER nisoldipine ER Taztia XT verapamil verapamil ER	
Thiazide Diuretics	
generic	
chlorothiazide chlorthalidone hydrochlorothiazide indapamide metolazone	

CHOLESTEROL REDUCING	
Cholesterol Binding Agents	
generic	
cholestyramine cholestyramine light	
Cholesterol Reducing Agents—Miscellaneous	
generic	
fenofibrate gemfibrozil lofibra triglide	
Cholesterol Reducing Agents—Statins	
generic	
lovastatin pravastatin simvastatin	

GLAUCOMA	
Glaucoma Agents	
generic	
betaxolol brimonidine tartrate carbostat carboptic carteolol dorzolamide dorzolamide/timolol levobunolol metipranolol pilocarpine timolol maleate	

OBESITY/WEIGHT LOSS	
Appetite Suppressants	
generic	
diethylpropion melfiat-105 phendimetrazine phentermine	

OSTEOPOROSIS	
Osteoporosis Agents	
generic	
alendronate etidronate pamidronate disodium	

PRENATAL CARE	
Prenatal Vitamin Preparations	
All legend generic prenatal vitamins (i.e., those requiring a prescription)	

PROBLEM DRINKING	
Anti-Alcoholic Preparations	
generic	
naltrexone	

WELL-CHILD PRODUCTS	
Pediatric Vitamin Preparations	
All legend generic pediatric multivitamins and minerals (i.e., those requiring a prescription)	