

Key Features of the Maricopa County Employee Assistance Program (EAP)

An Employee Assistance Program (EAP) is a confidential counseling and referral service that can help you and your family successfully deal with life's challenges. All employees and their dependents are eligible for up to **eight** counseling sessions at no charge. Assistance is provided for the following:

- Grief or Bereavement
- Marital and family problems
- Emotional concerns, such as anxiety and depression
- Coping with change, anger, burnout
- Substance abuse

Counseling services are provided by a Network of professional, licensed clinicians, conveniently located near your workplace or home, and accessed through a designated toll-free line 24 hours a day, 365 days a year.

MENTAL HEALTH AND SUBSTANCE ABUSE THROUGH MAGELLAN

- To receive the maximum benefit coverage for your care, you must use a network provider and obtain pre-approval of your care. You can call the toll-free number any time, day or night, to speak confidentially with a trained, compassionate professional.

LEGAL SERVICES

- Free telephonic or in-person consultation with an attorney
- Discounted fees for services
- Internet access to a comprehensive library of articles and forms

FINANCIAL SERVICES

- Telephone consultations with financial experts at no charge
- In-person financial planning and investment services at reduced rates
- Assistance with issues such as: consumer debt, lease vs purchase, tax issues, investments, college funding, retirement and estate planning
- Internet access to a comprehensive library of articles and forms

INTERNET ACCESS through www.MagellanHealth.com, for EAP information, self-help programs, or to find a provider nearest you.

Employee Assistance Program
888-213-5125

