

Alternative Medicine

The CIGNA HealthCare program for Maricopa County

The CIGNA HealthCare program for Maricopa County employees and dependents participating in the CIGNA HealthCare benefit plan includes a special benefit for alternative medicine services. This in-network benefit offers up to twenty (20) visits (without a referral) per plan year to a CIGNA HealthCare designated alternative medicine network. The following information describes the covered alternative medicine services benefit and how to access these services.

What is Alternative Medicine?

Alternative Medicine encompasses a broad spectrum of services not generally performed or practiced within conventional medicine. The alternative medicine services benefit under your CIGNA HealthCare benefit plan includes coverage for certain, but not all, types of alternative medicine treatment and services.

Covered Services

Covered Alternative Medicine Services include only those services described in the CIGNA HealthCare benefit plan as generally summarized to the right, which are provided in-network by a Designated Alternative Medicine Center. Coverage is limited to twenty (20) self-referral visits per contract year. Your Primary Care Physician (PCP) copay is required at each of the twenty (20) self-referral visits (under the CIGNA HSA plan, you will have a \$15 copay per visit).

Where are Services Provided?

Alternative Medicine Services are covered under your plan when provided or performed at Designated Alternative Medicine Centers (facilities with doctors and practitioners with which CIGNA HealthCare has contracted to have Alternative Medicine Services provided). Alternative Medicine Services provided to a participant by a facility, doctor, or practitioner that is not a CIGNA HealthCare Designated Alternative Medicine Center will not be covered or reimbursed.

Please see your CIGNA HealthCare benefit plan for specific detail on covered expenses and exclusions.



Covered Services

- Physical Medicine
- Acupuncture/ Acupressure
- Massage Therapy
- Homeopathic Consultation
- Biofeedback/Guided Imagery
- Herbal/Homeopathic or Natural Products as dispensed in conjunction with an office visit at a Designated Alternative Medicine Center not to exceed \$60 retail value for all products combined per plan year.



How to schedule an appointment

To schedule an appointment, contact a health care professional listed below.

The Center for Integrative Health and Healing

Cigna Medical Group
1920 E. Baseline Road
Tempe, AZ 85252
480-345-5164

Deborah Baldemor, M.D.

Samuel Balk, M.D.

Brad Lawrence, M.D.

Cigna Medical Group Paseo

5891 W. Eugie
Glendale, AZ 85304
602-588-6601

Christine Sorensen, N.D.

Naturopathic Family Care

13832 N. 32nd Street
Phoenix, AZ 85032
602-493-2273

Jesika DiCampli, N.M.D.

Janis K. Gruska, N.D.

Konrad Kail, N.D.

Ross Kerievsky, N.M.D, D.C.

Adam Kieievsky, N.M.D.

Sharhzad Orona, N.M.D

Jonathan Psenka, N.M.D.

Phranq Tamburri, N.M.D

Independent Providers

Chad Goetz, N.D.
550 W. Indian School Road #122
Phoenix, AZ 85013
602-234-1158

Dr. Abraham Kuruvilla, M.D., N.D.

5825 E. Calle Guadalupe
Guadalupe, AZ 85283
480-344-6000

Southwest Naturopathic Medical Center

8010 E. McDowell Road, #205
Scottsdale, AZ 85257
480-970-0000

Sima Aidun, N.D

Leslie Axelrod, N.D., L.A.C

Thomas Alexander, N.D

Matthew I. Baral, N.D.

Nick D. Buratovich, N.D.

John M. Dye, N.D.

Sara A. Hazel, N.D.

Jan Highfield, N.M.D

Jamie Kupperman, N.D

Marianne Marchese, N.D.

Schuyler R. McHenry, N.D.

Janet Messer, N.D

Stephen Messer, N.D., D.H.A.N.P.

Jessica K. Mitchell, N.D.

Paul Mittman, N.D., D.H.A.N.P.

Mona Morstein, N.D.

Jennifer Nevels, N.D.

Jason A. Porter, N.D.

Katherine Raymar, M.D., N.D.

Tim Schwaiger, M.A., N.M.D

Christine Sorensen, N.D.

Jessica Tran, N.D.

Eric Udell, N.D.

Kimberly Volk, N.D.

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CMG does not participate in all health plan networks. If CMG is a participating provider in your health plan network, applicable copayments, coinsurance and deductibles will apply to covered services. Special CIGNA Medicare Part D rules apply

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