

# Education & Empowerment Committee



MiAsia Pasha, Chair

Thursday, March 19, 2008  
5:00 pm to 6:30 pm  
Public Health  
4041 North Central Avenue, Phoenix  
15<sup>th</sup> Floor, Joshua Room

4041 North Central Avenue  
Suite 1537 • Phoenix, AZ 85012-3329  
(602) 506-6321 phone  
(602) 506-6896 fax  
PlanningCouncil@mail.maricopa.gov

## Meeting Minutes

Committee Members *AT: Attended AB: Absent EX: Excused ALT: Alternate Present*

AT Corey Boyette      AT Miguel Garruna      AT Ron Hill      EX Regina Lechuga  
AT MiAsia Pasha      AT Larry Stähli

### Guests

Carmen Hair      Jonathan Harris      Cookie King      Sergio Pallares

Support Staff: John Sapero, Shranda Ceballos

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### Welcome, introductions and declarations of any conflicts-of-interest

MiAsia Pasha, Chair called the meeting to order and welcomed the attendees. Everyone introduced him/her self and declared any conflicts-of-interest.

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### Determination of quorum

Quorum was established with three of five members present at 5:10 pm.

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### Review of the meeting minutes and action items from prior meetings

Attendees silently read a summary of the recorded minutes from the February 19, 2009 meeting. No corrections were voiced.

Jonathan Harris voiced his intent to join the Education & Empowerment Committee.

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### Committee chair update

MiAsia Pasha discussed that she attended a Peer Workshop conducted by Emily Gatz McKay & Harold Philips. The workshop provided information about using HIV positive peers to help other people living

## MEETING MINUTES *continued*

with HIV to access and remain in medical care. She will have more information at the next PC meeting.

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### Event planning

#### *Women's Event*

MiAsia Pasha discussed that Ron Hill had expressed that he would like to plan an educational event targeted to women's issues. Ron Hill provided an overview of his initial thoughts regarding the event, including presenting the event at the church that hosts the Joshua Tree Feeding Program for easy access. Cookie King mentioned that she has been asking women what topics should be discussed and has compiled a list.

Cookie King suggested inviting transgendered individuals to the women's event. The committee discussed giving the event a unique name and establishing a date. Cookie mentioned that Angelica Lindsay-Ali volunteered to teach African Dance at the event. John Sapero asked would health issues be discussed.

Suggested topics:

- Diet
- Exercise
- Dance
- Women's health issues and menopause
- Grieve & Loss
- Disclosing to family
- Self-Esteem

MiAsia asked John to discuss barriers in doing this event. John replied that at this point there are no barriers. If a pharmaceutical company is involved and can provide the food then the location can be anywhere.

The committee decided to host the Women's Learn, Link & Live on Saturday, July 18, 2009. They continued to discuss potential venues, advertisement, speakers, and naming the event.

#### *Spanish-Language event*

MiAsia asked Miguel Garruna when the next Spanish-language LEARN, LINK & LIVE event should occur. Miguel related that he'd like to schedule the event on Saturday, September 26, 2009

MiAsia asked the committee to review the survey from the March Learn + Link + Live event. The committee discussed the response and comments. Many of the participants from the event were extremely pleased with the event.

#### *Peers*

MiAsia provided information from the Project LINC workshop she had attended and asked meeting participants to review the materials for discussion at the next meeting..

Cookie King mentioned that Ebony House staffs peers to assist clients, but how it would nice to have additional educational & experience.

MEETING MINUTES *continued*

Q: Jonathan Harris asked what a peer was? MiAsia Pasha replied that a peer is someone living with HIV/AIDS who connects and educates others living with HIV/AIDS. Getting those who are out of care into and maintaining care is the main goal.

*Health Fairs*

MiAsia explained the committee should focus efforts on attending health fairs but not presenting one. The committee agreed.

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**Determination of agenda and action items for the next meeting**

In addition to the recurring items, the committee determined the following:

<b>Agenda Items</b>	
Policies & Procedures	John Sapero
Transgender guests	Cookie King
<b>Action Items to be completed by the next meeting:</b>	
Task	Assigned To
Review Peer Workshop handout for discussion	All

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**Current events summaries**

No current events were voiced.

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**Call to the public**

No comments were voiced.

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**Adjourn**

The meeting adjourned at approximately 6:30 pm.