

The Great Body Shop

Focus Age Group: K-6th

Number of Lessons:

10 units with four lessons in each unit

Cost:

\$45.00-Teacher's Guide (per teacher)

\$5.50-Student Issues

Meets the Following State Standards:

See Attached Sheet

Objectives of Curriculum:

The program is a comprehensive health, substance abuse, and violence prevention curriculum emphasizing the developmental assets, protective factors, responsibility, reasoned decision-making, and promotes a strong self-image.

Curriculum Contents:

- Teacher's Guide
- Student Issues
- Parent Bulletin

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Developed by Maricopa County Tobacco Use Prevention Program (MACTUPP)



Maricopa County Tobacco Use Prevention Program

State of Arizona Content Standards

The Great Body Shop (Grade 6)

Comprehensive Health Content Area

Curriculum Lesson	Standard Content Area	Standard Description & Number	Objective of Lesson/Performance Objective
Allergies and Asthma; Lesson 1: "About Allergies and Asthma"	Comprehensive Health	Standard #1: Standards comprehend concepts related to health promotion and disease prevention.	<p>Explain the relationship between positive health behaviors and health care and the prevention of injury, illness, disease, disability and premature death.</p> <p>Explain how health, growth and development are influenced by the interaction of body systems, genetics, environment and lifestyle.</p> <p>Describe how lifestyle and family history are related to the cause and prevention of disease and other health problems.</p>

Curriculum Lesson	Standard Content Area	Standard Description & Number	Objective of Lesson/Performance Objective
Allergies and Asthma; Lesson 2: "Feeling Good About You"	Comprehensive Health	<p>Standard #1: See above</p> <p>Standard #3: Students demonstrate the ability to practice health-enhancing behaviors and reduce health risks.</p> <p>Standard #6: Students demonstrate the ability to use goal setting and decision-making skills to enhance health.</p>	<p>Explain the relationship between positive health behaviors and health care and the prevention of injury, illness, disease, disability and premature death.</p> <p>Describe how lifestyle and family history are related to the cause and prevention of disease and other health problems.</p> <p>Explain the importance of assuming responsibility for personal health behaviors.</p> <p>Identify strengths of, and risks to, one's personal and family health (e.g., heart disease, diabetes, high blood pressure) and implement strategies to improve or maintain both.</p> <p>Apply a sound decision-making process that includes an examination of alternatives and consequences and determines a course of action to resolve health issues and problems individually or collaboratively.</p> <p>Develop a plan that addresses personal strengths, needs and health risks and apply strategies and skills needed to attain personal health goals.</p>

Curriculum Lesson	Standard Content Area	Standard Description & Number	Objective of Lesson/Performance Objective
Allergies and Asthma; Lesson 3: "Risks to Your Health and Safety"	Comprehensive Health	Standard #1: See above Standard #3: See above	<p>Explain how health, growth and development are influenced by the interaction of body systems, genetics, environment and lifestyle.</p> <p>Describe how lifestyle and family history are related to the cause and prevention of disease and other health problems.</p> <p>Develop injury prevention and management strategies for personal and family ways to avoid and reduce threatening situations.</p>
Allergies and Asthma; Lesson 4: "First Aid for Allergies and Asthma"	Comprehensive Health	<p>Standard #2: Students demonstrate the ability to access accurate health information.</p> <p>Standard #3: See above</p> <p>Standard #5: Students demonstrate the ability to use interpersonal skills to enhance health.</p> <p>Standard #6: See above</p> <p>Standard #7: Students demonstrate the ability to advocate for personal, family and community health.</p>	<p>Describe situations requiring professional health services.</p> <p>Identify emergency preparedness and emergency resources (e.g., first aid, CPR).</p> <p>Explain the importance of assuming responsibility for personal health behaviors.</p> <p>Perform basic safety, first aid and life-saving techniques.</p> <p>Demonstrate ways to communicate care, consideration and respect of self and others.</p> <p>Apply a sound decision-making process that includes an examination of alternatives and consequences and determines a course of action to resolve health issues and problems individually or collaboratively.</p> <p>Identify barriers to effective communication of information about health issues.</p>

Curriculum Lesson	Standard Content Area	Standard Description & Number	Objective of Lesson/Performance Objective
Eat Smart, Look Great!; Lesson 1: "Dietary Guidelines and the Life Cycle"	Comprehensive Health	Standard #1: See above Standard #2: See above Standard #6: See above	Describe ways to reduce risks related to adolescent health problems. Describe how lifestyle and family history are related to the cause and prevention of disease and other health problems. Explain how basic nutrients are utilized by the body and the relationship of a balanced diet and essential nutrients to appropriate weight, appearance and wellness. Obtain and utilize accurate health resources from home, school and community. Explain how decisions regarding health behaviors have consequences for self and others. Describe how personal health goals are influenced by information, abilities, priorities and responsibilities.

Curriculum Lesson	Standard Content Area	Standard Description & Number	Objective of Lesson/Performance Objective
Eat Smart, Look Great!; Lesson 2: "Consumer Skills and Meal Planning"	Comprehensive Health	Standard #1: See above Standard #2: See above Standard #4: Students analyze the influence of culture, media, technology and other factors on health. Standard #5: See above Standard #6: See above Standard #7: See above	Describe ways to reduce risks related to adolescent health problems. Describe how media influences the selection of health information and products (e.g., exercise equipment, cosmetics). Describe health behaviors and the use of health services in different cultures and explain the factors responsible for the differences. Explain how messages from media and other sources influence health behaviors. Demonstrate ways to communicate care, consideration and respect of self and others. Explain how decisions regarding health behaviors have consequences for self and others. Research various media for language, subject matter and visual techniques used to influence health-related information and decision-making. Present information about health issues. Identify barriers to effective communication of information about health issues.

Curriculum Lesson	Standard Content Area	Standard Description & Number	Objective of Lesson/Performance Objective
Eat Smart, Look Great!; Lesson 3: "Eating Disorders"	Comprehensive Health	Standard #1: See above Standard #3: See above Standard #4: See above Standard #6: See above	<p>Explain the relationship between positive health behaviors and health care and the prevention of injury, illness, disease, disability and premature death.</p> <p>Explain how health, growth and development are influenced by the interaction of body systems, genetics, environment and lifestyle.</p> <p>Describe how family and peers influence the health of adolescence.</p> <p>Describe ways to reduce risks related to adolescent health problems.</p> <p>Describe how lifestyle and family history are related to the cause and prevention of disease and other health problems.</p> <p>Identify emergency preparedness and emergency resources (e.g., first aid, CPR).</p> <p>Identify strengths of, and risks to, one's personal and family health (e.g., heart disease, diabetes, high blood pressure) and implement strategies to improve or maintain both.</p> <p>Demonstrate ways to manage stress.</p> <p>Explain how messages from media and other sources influence health behaviors.</p> <p>Explain how decisions regarding health behaviors have consequences for self and others.</p> <p>Develop a plan that addresses personal strengths, needs and health risks and apply strategies and skills needed to attain personal health goals.</p>

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Eat Smart, Look Great!; Lesson 4: "Food Handling"	Comprehensive Health	Standard #1: See above Standard #3: See above Standard #4: See above Standard #6: See above	Describe ways to reduce risks related to adolescent health problems. Develop injury prevention and management strategies for personal and family ways to avoid and reduce threatening situations. Describe the influence of technology on personal and family health. Explain how decisions regarding health behaviors have consequences for self and others.
Eat Smart, Look Great!; Substance Abuse/Violence Prevention Portfolio Pg. 23	Comprehensive Health	Standard #3: See above	Demonstrate ways to manage stress.
Eat Smart, Look Great!; Activity 13: "Stress...and How to Deal With It"	Comprehensive Health	Standard #3: See above	Demonstrate ways to manage stress.
Eat Smart, Look Great!; Activity 14: "Why Do You Eat?"	Comprehensive Health	Standard #3: See above	Demonstrate ways to manage stress.

Curriculum Lesson	Standard Content Area	Standard Description & Number	Objective of Lesson/Performance Objective
Keep This Body Safe; Lesson 1: "Keep This Body Safe"	Comprehensive Health	Standard #1: See above Standard #3: See above Standard #6: See above	<p>Explain the relationship between positive health behaviors and health care and the prevention of injury, illness, disease, disability and premature death.</p> <p>Describe ways to reduce risks related to adolescent health problems.</p> <p>Develop injury prevention and management strategies for personal and family ways to avoid and reduce threatening situations.</p> <p>Explain how decisions regarding health behaviors have consequences for self and others.</p>
Keep This Body Safe; Lesson 2: "Gang Pressure"	Comprehensive Health	Standard #1: See above Standard #2: See above Standard #3: See above Standard #4: See above Standard #5: See above	<p>Describe how family and peers influence the health of adolescents.</p> <p>Obtain and utilize accurate health resources from home, school and community.</p> <p>Distinguish between responsible and risky/harmful behaviors (e.g., responsible: exercise, sleep, nutrition; risky: the use of tobacco, alcohol and other drugs).</p> <p>Describe health behaviors and the use of health services in different cultures and explain the factors responsible for the differences.</p> <p>Explain how messages from media and other sources influence health behaviors.</p> <p>Describe how information from peers influences health.</p> <p>Identify the causes of conflict among youth in schools and communities and demonstrate refusal and negotiation skills to enhance health.</p>

Curriculum Lesson	Standard Content Area	Standard Description & Number	Objective of Lesson/Performance Objective
Keep This Body Safe; Lesson 3: "Getting Help"	Comprehensive Health	Standard #2: See above Standard #3: See above Standard #4: See above Standard #5: See above	Identify emergency preparedness and emergency resources (e.g., first aid, CPR). Explain how messages from media and other sources influence health behaviors. Identify the causes of conflict among youth in schools and communities and demonstrate refusal and negotiation skills to enhance health. Demonstrate strategies to manage conflict in healthy ways.
Keep This Body Safe; Lesson 4: "Sexual Harassment"	Comprehensive Health	Standard #1: See above Standard #2: See above Standard #3: See above	Explain the relationship between positive health behaviors and health care and the prevention of injury, illness, disease, disability and premature death. Obtain and utilize accurate health resources from home, school and community. Explain the importance of assuming responsibility for personal health behaviors. Distinguish between responsible and risky/harmful behaviors (e.g., responsible: exercise, sleep, nutrition; risky: the use of tobacco, alcohol and other drugs).

Curriculum Lesson	Standard Content Area	Standard Description & Number	Objective of Lesson/Performance Objective
What is Stress?; Lesson 1: "Stress and Your Body"	Comprehensive Health	Standard #1: See above Standard #3: See above Standard #6: See above	<p>Explain the relationship between positive health behaviors and health care and the prevention of injury, illness, disease, disability and premature death.</p> <p>Explain how health, growth and development are influenced by the interaction of body systems, genetics, environment and lifestyle.</p> <p>Identify strengths of, and risks to, one's personal and family health (e.g., heart disease, diabetes, high blood pressure) and implement strategies to improve or maintain both.</p> <p>Demonstrate ways to manage stress.</p> <p>Develop a plan that addresses personal strengths, needs and health risks and apply strategies and skills needed to attain personal health goals.</p>
What is Stress?; Lesson 2: "Recognizing the Causes of Stress in Their Lives"	Comprehensive Health	Standard #1: See above Standard #3: See above Standard #6: See above	<p>Explain the relationship between positive health behaviors and health care and the prevention of injury, illness, disease, disability and premature death.</p> <p>Explain the importance of assuming responsibility for personal health behaviors.</p> <p>Identify strengths of, and risks to, one's personal and family health (e.g., heart disease, diabetes, high blood pressure) and implement strategies to improve or maintain both.</p> <p>Develop a plan that addresses personal strengths, needs and health risks and apply strategies and skills needed to attain personal health goals.</p>

Curriculum Lesson	Standard Content Area	Standard Description & Number	Objective of Lesson/Performance Objective
What is Stress?; Lesson 3: "Coping With Stress"	Comprehensive Health	Standard #1: See above Standard #2: See above Standard #3: See above Standard #5: See above	<p>Explain the relationship between positive health behaviors and health care and the prevention of injury, illness, disease, disability and premature death.</p> <p>Obtain and utilize accurate health resources from home, school and community.</p> <p>Identify emergency preparedness and emergency resources (e.g., first aid, CPR).</p> <p>Identify strengths of, and risks to, one's personal and family health (e.g., heart disease, diabetes, high blood pressure) and implement strategies to improve or maintain both.</p> <p>Demonstrate ways to manage stress.</p> <p>Demonstrate strategies to manage conflict in healthy ways.</p>
What Is Stress?; Lesson 4: "Communities in Stress"	Comprehensive Health	Standard #1: See above Standard #6: See above	<p>Explain how environmental health and personal health are interrelated.</p> <p>Describe ways to reduce risks related to adolescent health problems.</p> <p>Explain how decisions regarding health behaviors have consequences for self and others.</p>
What is Stress?; Activity 1: "An Impromptu Speech"	Comprehensive Health	Standard #3: See above	Demonstrate ways to manage stress.

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What is Stress?; Substance Abuse/Violence Prevention Portfolio 3: "Conflict Resolution"	Comprehensive Health	Standard #5: See above	Demonstrate strategies to manage conflict in healthy ways.
What is Stress?; Activity 2: "Music To Soothe You"	Comprehensive Health	Standard #3: See above	Demonstrate ways to manage stress.
What is Stress?; Activity 3: "Run for Fun"	Comprehensive Health	Standard #3: See above	Demonstrate ways to manage stress.
What is Stress?; Activity 7: "Speaking Your Mind"	Comprehensive Health	Standard #3: See above	Demonstrate ways to manage stress.
What is Stress?; Homework 3: "Positive and Negative Coping Strategies"	Comprehensive Health	Standard #3: See above	Demonstrate ways to manage stress.
What is Stress?; Substance Abuse/Violence Prevention Portfolio 1: "Dear Friend Letter"	Comprehensive Health	Standard #3: See above	Demonstrate ways to manage stress
What is Stress?; Activity 9: "TV Show Analysis"	Comprehensive Health	Standard #3: See above	Demonstrate ways to manage stress
What is Stress?; Activity 10: "Giving Help"	Comprehensive Health	Standard #3: See above	Demonstrate ways to manage stress

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What is Stress?; Activity 11: "Stress Busters' Posters"	Comprehensive Health	Standard #3: See above	Demonstrate ways to manage stress
What is Stress?; "Activity 12: "Laughter Is The Best Medicine"	Comprehensive Health	Standard #3: See above	Demonstrate ways to manage stress
What is Stress?; Activity 13: "A Food and Sleep Diary"	Comprehensive Health	Standard #3: See above	Demonstrate ways to manage stress
The Reproductive System; Lesson 1: "Growing up Physically"	Comprehensive Health	Standard #1: See above	Explain the relationship between positive health behaviors and health care and the prevention of injury, illness, disease, disability and premature death. Describe the interrelationship of mental, emotional, social and physical health during adolescence.
The Reproductive System; Lesson 2: "From Conception to Birth"	Comprehensive Health	Standard #1: See above Standard #6: See above	Describe ways to reduce risks related to adolescent health problems. Explain how decisions regarding health behaviors have consequences for self and others.

Curriculum Lesson	Standard Content Area	Standard Description & Number	Objective of Lesson/Performance Objective
The Reproductive System; Lesson 3: "Emotional Maturity"	Comprehensive Health	Standard #1: See above Standard #3: See above Standard #4: See above Standard #6: See above	<p>Describe the interrelationship of mental, emotional, social and physical health during adolescence.</p> <p>Describe how family and peers influence the health of adolescents.</p> <p>Describe ways to reduce risks related to adolescent health problems.</p> <p>Describe how lifestyle and family history are related to the cause and prevention of disease and other health problems.</p> <p>Explain the importance of assuming responsibility for personal health behaviors.</p> <p>Distinguish between responsible and risky/harmful behaviors (e.g., responsible: exercise, sleep, nutrition; risky: the use of tobacco, alcohol and other drugs).</p> <p>Describe how information from peers influences health.</p> <p>Apply a sound decision-making process that includes an examination of alternatives and consequences and determines a course of action to resolve health issues and problems individually or collaboratively.</p> <p>Explain how decisions regarding health behaviors have consequences for self and others.</p>

Curriculum Lesson	Standard Content Area	Standard Description & Number	Objective of Lesson/Performance Objective
The Reproductive System; Lesson 4: "Relationships"	Comprehensive Health	Standard #1: See above Standard #3: See above Standard #4: See above	Describe the interrelationship of mental, emotional, social and physical health during adolescence. Describe how family and peers influence the health of adolescents. Distinguish between responsible and risky/harmful behaviors (e.g., responsible: exercise, sleep, nutrition; risky: the use of tobacco, alcohol and other drugs). Explain how messages from media and other sources influence health behaviors. Describe how information from peers influences health.
The Reproductive System; Activity 19: "Create A Skit"	Comprehensive Health	Standard #3: See above	Distinguish between responsible and risky/harmful behaviors (e.g., responsible: exercise, sleep, nutrition; risky: the use of tobacco, alcohol and other drugs).

Curriculum Lesson	Standard Content Area	Standard Description & Number	Objective of Lesson/Performance Objective
Addictions; Lesson 1: "What Is Addiction?"	Comprehensive Health	Standard #1: See above Standard #6: See above	<p>Explain the relationship between positive health behaviors and health care and the prevention of injury, illness, disease, disability and premature death.</p> <p>Describe how lifestyle and family history are related to the cause and prevention of disease and other health problems.</p> <p>Develop a plan that addresses personal strengths, needs and health risks and apply strategies and skills needed to attain personal health goals.</p>
Addictions; Lesson 2: "The Pressures Around Us"	Comprehensive Health	Standard #1: See above Standard #3: See above Standard #4: See above Standard #5: See above	<p>Explain the relationship between positive health behaviors and health care and the prevention of injury, illness, disease, disability and premature death.</p> <p>Describe how family and peers influence the health of adolescents.</p> <p>Demonstrate strategies to manage stress.</p> <p>Describe health behaviors and the use of health services in different cultures and explain the factors responsible for the differences.</p> <p>Describe how information from peers influences health.</p> <p>Demonstrate strategies to manage conflict in healthy ways.</p>

Curriculum Lesson	Standard Content Area	Standard Description & Number	Objective of Lesson/Performance Objective
Addictions; Lesson 3; "Getting Help"	Comprehensive Health	Standard #1: See above Standard #2: See above Standard #5: See above Standard #6: See above Standard #7: See above	Describe ways to reduce risks related to adolescent health problems. Obtain and utilize accurate health resources from home, school and community. Identify emergency preparedness and emergency resources (e.g., first aid, CPR). Demonstrate ways to communicate care, consideration and respect of self and others. Explain how decisions regarding health behaviors have consequences for self and others. Identify barriers to effective communication of information about health issues.

Curriculum Lesson	Standard Content Area	Standard Description & Number	Objective of Lesson/Performance Objective
Addictions; Lesson 4: "Feeling Good About Me"	Comprehensive Health	Standard #1: See above Standard #3: See above Standard #6: See above	<p>Explain the relationship between positive health behaviors and health care and the prevention of injury, illness, disease, disability and premature death.</p> <p>Identify strengths of, and risks to, one's personal and family health (e.g., heart disease, diabetes, high blood pressure) and implement strategies to improve or maintain both.</p> <p>Apply a sound decision-making process that includes an examination of alternatives and consequences and determines a course of action to resolve health issues and problems individually or collaboratively.</p> <p>Develop a plan that addresses personal strengths, needs and health risks and apply strategies and skills needed to attain personal health goals.</p>
Addictions; Homework 2: "Stress Triggers"	Comprehensive Health	Standard #3: See above	Demonstrate strategies to manage stress.
Addictions; Activity 4: "A Stress Journal"	Comprehensive Health	Standard #3: See above	Demonstrate strategies to manage stress.
Addictions; Activity 5: "Stress in the Media"	Comprehensive Health	Standard #3: See above	Demonstrate strategies to manage stress.

Curriculum Lesson	Standard Content Area	Standard Description & Number	Objective of Lesson/Performance Objective
AIDS: What You Need To Know Now; Lesson 1: "Transmission"	Comprehensive Health	Standard #1: See above Standard #3: See above	Explain the relationship between positive health behaviors and health care and the prevention of injury, illness, disease, disability and premature death. Develop injury prevention and management strategies for personal and family ways to avoid and reduce threatening situations.
AIDS: What You Need To Know Now; Lesson 3: "Prevention"	Comprehensive Health	Standard #1: See above Standard #3: See above	Explain the relationship between positive health behaviors and health care and the prevention of injury, illness, disease, disability and premature death. Explain the importance of assuming responsibility for personal health behaviors.
AIDS: What You Need To Know Now; Lesson 4: "Helping Hands in the Community"	Comprehensive Health	Standard #2: See above	Obtain and utilize accurate health resources from home, school and community. Identify emergency preparedness and emergency resources (e.g., first aid, CPR).

Curriculum Lesson	Standard Content Area	Standard Description & Number	Objective of Lesson/Performance Objective
The Sports Report; Lesson 1: "Exercise and Physical Fitness"	Comprehensive Health	Standard #1: See above Standard #3: See above Standard #6: See above	<p>Explain the relationship between positive health behaviors and health care and the prevention of injury, illness, disease, disability and premature death.</p> <p>Explain how health, growth and development are influenced by the interaction of body systems, genetics, environment and lifestyle.</p> <p>Describe how lifestyle and family history are related to the cause and prevention of disease and other health problems.</p> <p>Explain the importance of assuming responsibility for personal health behaviors.</p> <p>Develop a plan that addresses personal strengths, needs and health risks and apply strategies and skills needed to attain personal health goals.</p>
The Sports Report; Lesson 2: "Injuries and Exercise"	Comprehensive Health	Standard #1: See above Standard #3: See above	<p>Explain the relationship between positive health behaviors and health care and the prevention of injury, illness, disease, disability and premature death.</p> <p>Describe how lifestyle and family history are related to the cause and prevention of disease and other health problems.</p> <p>Develop injury prevention and management strategies for personal and family ways to avoid and reduce threatening situations.</p>

Curriculum Lesson	Standard Content Area	Standard Description & Number	Objective of Lesson/Performance Objective
The Sports Report; Lesson 3: "Steroids"	Comprehensive Health	Standard #1: See above Standard #3: See above Standard #4: See above	<p>Explain the relationship between positive health behaviors and health care and the prevention of injury, illness, disease, disability and premature death.</p> <p>Describe how family and peers influence the health of adolescents.</p> <p>Describe how lifestyle and family history are related to the cause and prevention of disease and other health problems.</p> <p>Develop injury prevention and management strategies for personal and family ways to avoid and reduce threatening situations.</p> <p>Explain how messages from media and other sources influence health behaviors.</p>
The Sports Report; Lesson 4: "Sports—Rules, Plans, and Safety"	Comprehensive Health	Standard #1: See above Standard #2: See above	<p>Explain the relationship between positive health behaviors and health care and the prevention of injury, illness, disease, disability and premature death.</p> <p>Describe how lifestyle and family history are related to the cause and prevention of disease and other health problems.</p> <p>Compare the costs and effectiveness of health products.</p>

Curriculum Lesson	Standard Content Area	Standard Description & Number	Objective of Lesson/Performance Objective
Cells; Lesson 1: "The Cells In Your Body"	Comprehensive Health	Standard #1: See above Standard #2: See above Standard #7: See above	Explain how health, growth and development are influenced by the interaction of body systems, genetics, environment and lifestyle. Describe how lifestyle and family history are related to the cause and prevention of disease and other health problems. Obtain and utilize accurate health resources from home, school and community. Research various media for language, subject matter and visual techniques used to influence health-related information and decision-making. Present information about health issues.
Cells; Lesson 2: "How Cells Grow, Reproduce and Work Together"	Comprehensive Health	Standard #1: See above	Explain how health, growth and development are influenced by the interaction of body systems, genetics, environment and lifestyle. Describe how lifestyle and family history are related to the cause and prevention of disease and other health problems.
Cells; Lesson 3: "You and Your Genes"	Comprehensive Health	Standard #1: See above Standard #3: See above	Describe how lifestyle and family history are related to the cause and prevention of disease and other health problems. Identify strengths of, and risks to, one's personal and family health (e.g., heart disease, diabetes, high blood pressure) and implement strategies to improve or maintain both.

Curriculum Lesson	Standard Content Area	Standard Description & Number	Objective of Lesson/Performance Objective
Cells; Lesson 4: "Sick Cells"	Comprehensive Health	Standard #1: See above Standard #3: See above Standard #5: See above Standard #6: See above Standard #7: See above	Describe ways to reduce risks related to adolescent health problems. Describe how lifestyle and family history are related to the cause and prevention of disease and other health problems. Explain the importance of assuming responsibility for personal health behaviors. Develop injury prevention and management strategies for personal and family ways to avoid and reduce threatening situations. Demonstrate ways to communicate care, consideration and respect of self and others. Explain how decisions regarding health behaviors have consequences for self and others. Identify barriers to effective communication of information about health issues.
A Healthy Environment: It's Up To You; Lesson 1: "Environment Counts"	Comprehensive Health	Standard #1: See above	Explain how environmental health and personal health are interrelated.

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A Healthy Environment: It's Up To You; Lesson 3: "Emotional Environment for Healthy Growth"	Comprehensive Health	Standard #1: See above Standard #4: See above Standard #6: See above Standard #7: See above	<p>Explain how environmental health and personal health are interrelated.</p> <p>Describe ways to reduce risks related to adolescent health problems.</p> <p>Describe health behaviors and the use of health services in different cultures and explain the factors responsible for the differences.</p> <p>Explain how decisions regarding health behaviors have consequences for self and others.</p> <p>Demonstrate the ability to work collaboratively when advocating for healthy individuals, families and schools</p>
A Healthy Environment: It's Up To You; Lesson 4: "Community Resources—Help for Renewal"	Comprehensive Health	Standard #2: See above	<p>Obtain and utilize accurate health resources from home, school and community.</p> <p>Identify emergency preparedness and emergency resources (e.g., first aid, CPR).</p>