



Take Charge of Your Diabetes Enroll in Walgreens Optimal Wellness™ Today!

Take advantage of the new Walgreens Optimal Wellness™ Program, at no cost to you. Whether you're newly diagnosed or a seasoned diabetes manager, this program can help you get the most from your diabetes plan.

Offered at select Walgreens stores in your area, the program is like working with a personal trainer. Your Health Coach trained in diabetes care can help you:

- Assess your current situation and focus on your individual needs
- Improve your diabetes self-care skills so you can get the most from your diabetes plan prescribed by your doctor
- Stay on track between doctor visits

Enroll by calling toll free 877-WAG-HLTH (877-924-4584).

Monday through Friday, 9 a.m. to 10 p.m. EST and Saturday, 8 a.m. to 5 p.m. EST.

You must be 18 years of age or older and enrolled in either the Walgreens Health Initiatives Coinsurance or Consumer Choice Pharmacy Plan. Maricopa County employees and their covered dependents enrolled in the Choice Fund medical plan are not eligible to enroll in the Walgreens Optimal Wellness Program.

Upon completion of the year-long Walgreens Optimal Wellness Program, you will be eligible to be reimbursed for up to nine diabetes-related office visit copays for the plan year.

Join this new program designed for your good health!